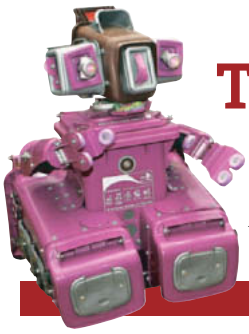

There's a new robot in town

Meet R3cycler, who's teaching kids about the environment

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'So impressed by students'

College awards recognise inspirational young people

SEE PAGES 20 & 21

The best of Somali arts

A week of film, poetry, music and theatre

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ISSUE 1031 13 - 19 OCTOBER 2014

WWW.TOWERHAMLETS.GOV.UK

TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Action to protect our environment

BY SAM GOUGH

NEW meadows, improved woodland and floating islands in the docks are among plans to improve the biodiversity of the borough.

The proposals also identify a number of priority species and habitats to protect for the future, including hedgehogs, bees and the black poplar, the rarest timber tree in the country that gave Poplar its name.

The new Local Biodiversity Action Plan published by the council builds on the successes of the last plan, which was adopted in 2009.

These included the creation of more than six hectares of wildflower meadows in parks, new woodlands in Swedenborg Gardens and on the Manchester Estate, and a new wetland area with four ponds at Mudchute.

Ponds have been developed in parks, community gardens and schools, and eight new community orchards have been planted.

Now the council is calling on residents and community groups to help them continue with the progress in conserving and enhancing wildlife.

Mayor Lutfur Rahman said: "With the hard work of our staff and residents, we can grow our green spaces, protect our environment, and make Tower Hamlets one of the most environmentally diverse and innovative parts of London."

Cllr Shahed Ali, cabinet member for clean and green, told East End Life: "This plan shows our continuing commitment to ensuring that Tower Hamlets becomes an even cleaner and more environmentally friendly borough.

"It is crucial for us to conserve the environment around us, and it also makes the borough a more colourful and vibrant place to live."

Continued on page 3

Pond dipping at Mudchute Park, which has a new wetland area to encourage insects and birds

Chytel 162 Mile End Road 0207 790 0121

Home truths

"Affordable housing does not square up with the meaning of the word."

NATALIE BENNETT, GREEN PARTY

Streamed live to the world

The People's Assembly was streamed on the internet – and at one stage was the number one trending topic worldwide on Twitter, as people sent messages about the issues raised.

SEE BELOW

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
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abc

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soundtalking

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Austerity tops agenda for People's Assembly

BY LARAINE CLAY, PHOTOS BY KOIS MIAH

YORK Hall in Bethnal Green was packed to the rafters last week for a People's Assembly meeting.

A panel of five speakers took questions from members of the 1,200-plus audience at the meeting, which was streamed live on the internet.

At one point the event was the number one trending topic worldwide on Twitter.

Chaired by Steve Turner from the Unite trade union, the panellists were comedian and activist Russell Brand, Natalie Bennett, leader of the Green Party, Mark Serwotka, general secretary of the Public Services Union, comedian Ava Vidal and John Rees, from Stop the War Coalition.

They were welcomed by Mayor Lutfur Rahman who thanked them for holding the People's Question Time in the borough.

Mayor Rahman with panellists Mark Serwotka, John Rees, Steve Turner and Russell Brand

He said: "I was proud to have marched with the People's Assembly last June to oppose austerity and I am proud to stand here tonight in solidarity with all those who want an alternative to austerity."

The meeting welcomed two women from the E15 Mothers group who have been occupying council flats left empty on the Carpenters estate near the Olympic Park.

Questions from the floor covered issues including the cost of 'affordable' housing, capping private rents and building more social homes; the portrayal of mental health issues in the media; and why there is always money for war but not frontline services.

Climate change, how to fight the far right in the UK and student debt were also raised.

Abu from Bow asked if austerity was inevitable, while local councillor Shahed Ali sought suggestions on building an alliance to defend the NHS.

Steve Turner, Russell Brand and Ava Vidal

More than 1,200 people attended the event

Inside this week's issue

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Leading the way in Europe

The European Diversity Awards – known as the Oscars of diversity – recognise excellence in the areas of gender, disability, sexual orientation, age, race, culture and religion across Europe.

EUROPEANDIVERSITYAWARDS.COM

In good company

Other award winners included BBC Newsnight presenter Evan Davis and former Paralympian Ade Adepitan.

'Challenging perceptions'

TOWER Hamlets' lead councillor for housing and development has been named Hero of the Year at this year's European Diversity Awards.

The award was given to Cllr Rabina Khan (pictured right) in recognition of her achievements in promoting equality and diversity in her working life – as a writer and film producer; in her political life – as a ward councillor and cabinet member; and in her personal life as a mother of three children and well-respected member of the community.

She was chosen from a shortlist of eight including ITN's managing editor Robin Elias and comedian and actor Francesca Martinez.

A statement from the European Diversity Awards said: "Rabina Khan is a truly inspirational Muslim woman who has dedicated her life, both personally and professionally, to creating an inclusive and equitable society for all.

"Her particular focus has been on challenging perceptions of Muslim women and advancing the integration of Muslim women into mainstream society across Europe."

Cllr Khan said she was "hugely honoured, humbled and grateful" to be recognised by the awards.

"If my work can encourage other women, particularly mums, living ordinary lives in Britain and across Europe, to get involved in politics and public life more generally, and act as positive role models to today's generation of Muslim women, then that will be my greatest achievement."

Boris praises our magnificent seven

BY IAN READ

A MAGNIFICENT seven of Tower Hamlets schools have been hailed as "exceptional" by the mayor of London.

They are among those awarded Gold Club status by the Greater London Authority.

Tower Hamlets has the second highest number of schools – three secondaries and four primaries – on the list.

They are Bethnal Green Academy, Sir John Cass Foundation & Redcoat Church of England and St Paul's Way Trust secondary schools; and Bygrove, Hermitage, St Paul's Whitechapel Church of England and Woolmore primary schools.

The Gold Club celebrates London schools that are achieving academic success with all their pupils, in particular those where they may be disadvantaged or be affected by circumstances that could have an impact on their learning.

Cllr Gulam Robbani, cabinet member for education and children's services, said: "We already have an international reputation for educational excellence, built on many years of hard work between the council, head teachers, governors and parents."

Head teachers spoke of their pride.

Grahame Price, from St Paul's Way Trust School in Bow, said: "Gold Club status is given to schools that deliver outstanding progress for their students. I am delighted that the mayor of London has identified St Paul's Way Trust School as one of those schools."

Jeremy Iver, co-head at Bygrove Primary School, Poplar, said: "Schools don't achieve excellence by closing their doors and trying to figure it all out alone.

"We, like most Gold Club schools, have begged, borrowed, stolen and shaped some really great ideas over the years; this is an opportunity for us to give back."

News in brief

Register to vote

THE council has started its annual canvass to remind residents to register to vote.

Anyone not included on the electoral register cannot vote – even if they are registered to pay council tax.

Residents must be 18 or over to vote but can register when they are 16. They can also register at any time during the year; however, there are deadlines when an election is running.

Go to **www.gov.uk/register-to-vote**

Have your say

THERE is still time for residents to take part in the council's public savings consultation – Your Borough, Your Voice. The consultation period ends on October 19. Visit **www.towerhamlets.gov.uk/YourBorough**

Witness sought to Mile End hit-and-run

DETECTIVES are appealing for witnesses to come forward after a university student died following a hit-and-run in Mile End.

Police were called to Bancroft Road at the junction with Mile End Road, at about 4.30am on Sunday, October 5.

Officers and paramedics from the London Ambulance Service found a pedestrian in his twenties with serious injuries. He died at the scene.

Queen Mary University in Mile End confirmed the man was third-year student Kieran Dhaliwal.

A statement from QMU said: "We are shocked and saddened by the death of Kieran Dhaliwal. Kieran was a popular and hard-working third year undergraduate student studying economics and finance.

"As well as being very dedicated to his studies, Kieran contributed a great deal to wider university life, and will be deeply missed by his lecturers, friends and other staff at the university.

"We offer his family, friends and fellow students our full support and deepest sympathy at this very difficult time."

The driver of the car, who did not stop at the scene, has since been arrested on suspicion of causing death by dangerous driving and has been bailed until mid-November.

Anyone with information should call the police on 8597 4874 or 0800 555111.

A common tern, spotted at Saffron Avenue Pond in 2013

Protect local environment

Continued from page 1

The council said residents could get involved by picking up packets of wildflower seeds and wildlife gardening packs that have been handed out across the borough, growing flowers in their gardens or in window boxes, and installing boxes for bats, bumble bees and nesting birds.

To find out more about the biodiversity plan, call 7364 7478 or email **towerhabitats@towerhamlets.gov.uk** and there are more details about the borough's wildlife at **www.towerhabitats.org**

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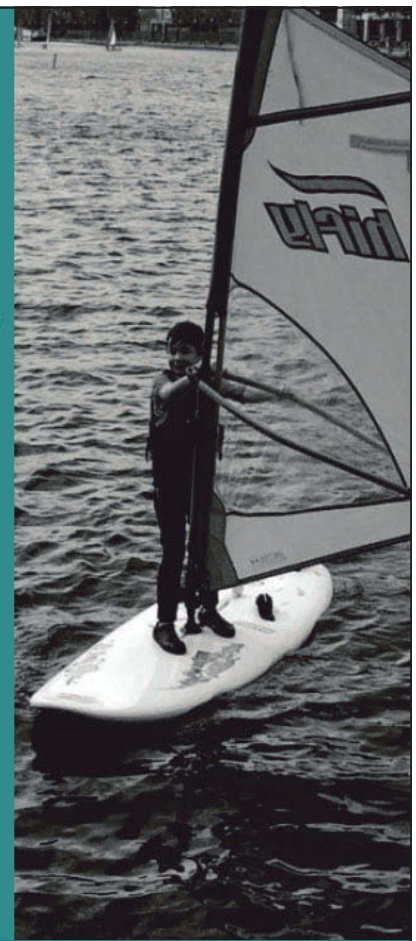
· 21 OCTOBER 2014 | 9:15AM

EVENINGS | 7:30PM

· 13 OCTOBER 2014 | 7:30PM

· 20 OCTOBER 2014 | 7:30PM

TO BOOK A PLACE PLEASE COMPLETE A CWC3 OPEN DAY ATTENDANCE REQUEST.



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Should speed limit be 20mph?

The council is proposing cutting the speed limit to 20mph. Send your views to Road Safety, Tower Hamlets Council, 6th Floor, Mulberry Place, 5 Clove Crescent, E14 2BG by October 31, or email...

ROAD.SAFETY@TOWERHAMLETS.GOV.UK

Info on recycling

To find out more about recycling or how to get involved in recycling schemes call...

7364 5004

Cutting waste can be child's play says R3cycler the robot

Kids learn about the importance of reusing waste from recycling's newest recruit

BY SARAH MCLAUGHLIN

TOWER Hamlets has a new robot recruit in the crusade to increase recycling in the borough.

R3cycler, the mini recycling robot made from recycled pink bins and kitchen caddies, has landed to spread the recycling message to children and their families.

Officially launched at a special assembly at St Mary and St Michael's Primary School in Shadwell, R3cycler took the children through the importance of recycling, discussing which items can be recycled and how to encourage their parents and families to recycle more.

Cllr Shahed Ali, cabinet member for clean and green and a guest at the assembly, said: "R3cycler is a great new asset in our recycling education programme.

The children enjoyed their time with R3cycler

"The children were captivated by his appearance and he certainly brought an exciting dimension to the recycling message."

Kelly Ann Brennan, a teacher at the school, said: "The children found out lots of new information about the importance of recycling and how recycled goods can go on to be re-made into new items, for example using old plastic bottles to make clothes."

The school's eco-council has made a list of things that can be recycled and will be promoting it in the school.

R3cycler is available to visit schools, community groups and events.

To find out more email **TH.wasteeducation@veolia.com** or call 7364 5128.

News in brief

Sukkot celebration

SPECIAL lunches for members of Jewish community groups and Canary Wharf workers will be held inside a tabernacle specially constructed for the festival of Sukkot.

The Sukkah will be in Montgomery Square, at the Wharf, from October 13-15, and is intended to be reminiscent of the fragile dwellings which the Israelites used during the 40 years they wandered in the desert.

Danny Seliger of Canary Wharf Group said: "We are delighted for the Sukkah to be coming to Canary Wharf and are looking forward to the opportunity to welcome members of the local community in celebration of this Jewish festival."

Bengali history

A WEEK of events looking at Bengali history starts this Saturday, October 18.

Hosted by Brick Lane Circle at various venues, it will feature talks, films and a comedy night.

Topics include the East India Company: Commodities, Conquest and Corruption; and a talk on the comparison between two generations of East End Bangladeshis.

All are welcome and entry is free.

For further information email **bricklanecircle@yahoo.co.uk**

Talk business by the dock

ENTREPRENEURS and business owners are being given the chance to network and tell the council how it can help to boost trade in the borough.

The Mayor's Business Forum will be held for a second year at Tobacco Dock, Wapping on Tuesday, October 28.

The forum is part of the council's enterprise strategy, which sets out its approach to economic growth and development across the borough.

Places are free but must be booked in advance.

To book, email business.forum@towerhamlets.gov.uk or call 7364 4458.

Food for thought at market

FOOD growers and community gardeners will be at Chrisp Street Market this Saturday, October 18 for their autumn gathering.

Local food outlets, traders and cafés will also be showing how they have improved the quality of what they offer, earning the council's Food for Health Award.

And healthy fast food restaurant Leon will be serving up freshly cooked samples from its menu, as well as providing cooking tips.

The event is being hosted by the council, Women's Environmental Network and housing association Poplar Harca to enable people to explore how food gets from 'seed to plate' and experience healthier food options.

Residents can find out about preserving food, planting seeds, recycling food waste, producing honey and natural beauty products.

Cllr Abdul Asad, cabinet member for adult and health services, said: "This event is a great way to show how food can be both fast and healthy, and how rewarding it can be to create a meal for your family."

The autumn gathering is being held from 11am-4pm – for more information visit **www.chrispstreet.org.uk/events/autumngathering**

Waste not, want not

Much of the raw materials come from tree surgeons – it's easier for Citywood to take it than to take it to the tip.

SEE BELOW

A bit of joy on the evening drive home

"There are 120,000 people driving past here an hour. It brings lots of joy. In the evening, you see that as people are driving home. They are happy and ring you up. And they just love the bear."

DANNY, BELOW

Feature

Danny operates machinery at Citywood

Danny and Mark slice wood from a tree trunk

Suraiya is the artistic brains behind the operation

James Martin visits the wood yard causing a stir on the Blackwall Tunnel approach. Photos by **Kois Miah**.

Look for the bear necessities

Mark, with the firm's trademark bears

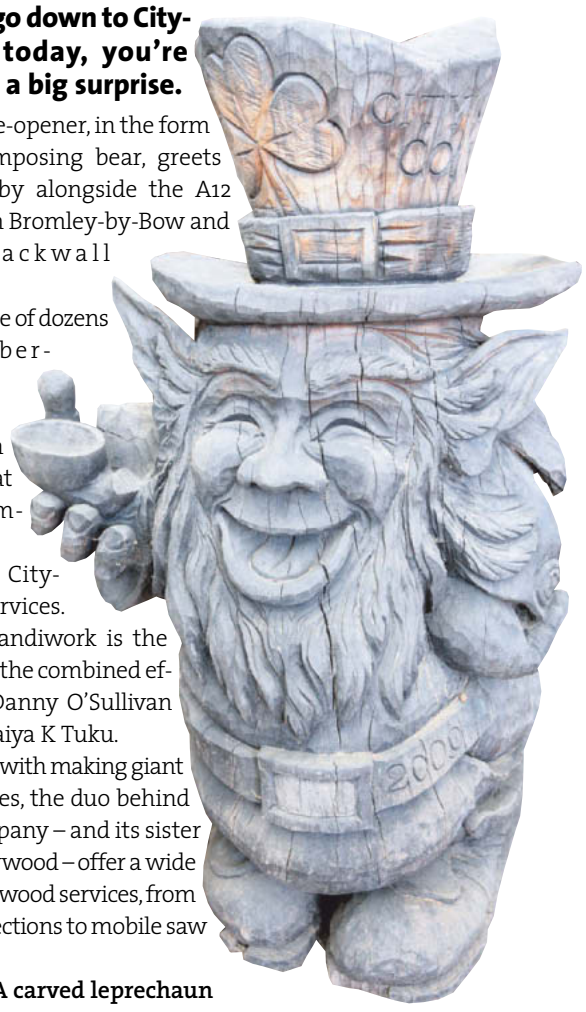
IF you go down to Citywood today, you're sure of a big surprise.

An eye-opener, in the form of an imposing bear, greets passers-by alongside the A12 between Bromley-by-Bow and the Blackwall Tunnel.

It is one of dozens of timber-based sculptures on display at the community-focused Citywood Services.

The handiwork is the result of the combined effort of Danny O'Sullivan and Suraiya K Tuku.

Along with making giant sculptures, the duo behind the company – and its sister firm Citywood – offer a wide range of wood services, from tree collections to mobile saw milling, furniture and playgrounds for local schools.



(Right) A carved leprechaun

Their site, a stone's throw from Bow Creek, is part-timber yard, part-design studio where they cater for a variety of contracts – both local authority and private.

"He brings the materials, I bring the ideas," explains Suraiya, 52, who hails from Bangladesh and lives close to the workshop.

Having trained as a fine artist, Suraiya spent many years working on borough projects and maintains strong links to the nearby Bromley by Bow Centre.

Her business partner Danny, who was born in Cork, says most of their trade comes from one place. The 57-year-old turns and points to the bustling A12 road.

"It's all word of mouth. There are 120,000 people driving past here an hour. People just drop by."

He continues: "It brings lots of joy too. In the evening, you see that as people are driving home. They are happy and ring you up to say what you're doing is amazing.

"And they just love the bear."

The company's local projects have included sculptures in Carrick Street, Devons Road and outside Poplar's Balfron Tower.

Many of their customers are also involved with community and sustainable projects.

Suraiya adds: "Lots of people come and do carving work with us. People with depression come and it's quite therapeutic for them."

Citywood's own on-site work includes the conversion of an old Poplar Harca site into a garden with exhibits and a growing area.

However, it's not all local jobs: "We've had pieces go to penthouses in Ibiza and even the Caribbean," says Danny.

Pointing to a hawkish-looking creature, he adds proudly: "This one was on the Harry Potter set." Prices for the sculptures start from around £300 – which will buy you a London pigeon.

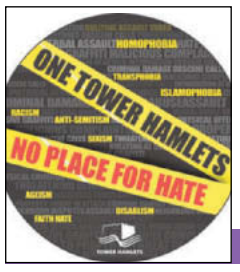
Much of their raw materials come from small and local tree surgeons – places where it's easier for Citywood to take away their waste or spoils than if they had take it to a yard or tip themselves.

"We get all local kids in to do the paintings as well. They love it. They play through the tunnels and climb over the carvings, but that's fine," says Danny, as a local drops by for a chat and to admire one of the 200-year-old trees.

He's also keen to emphasis their preference for re-useable materials. Danny says unused wood is turned into sawdust and they've used timbers from places nearby, such as Canary Wharf docks.

"There's nothing wasted here," he said.

Visit **www.citywoodservices.com**



No Place For Hate

Hate Crime Awareness Week supports the borough's No Place for Hate campaign pledge, where residents give their commitment to help eradicate hate crime in Tower Hamlets.

HTTP://TINYURL.COM/3JMKKWV

Homes from home

The Sick Children's Trust runs Stevenson House at the Royal London for families of seriously ill children.

WWW.SICKCHILDRENSTRUST.ORG

News

A PATCH of derelict land, overgrown with weeds, has been transformed into a thriving garden full of herbs, fruit and vegetables at Morpeth School in Bethnal Green.

Statement support teacher Dianne Pennant started the gardening scheme in the spring for students with special educational needs.

And it was so popular, it was expanded across the school with dozens of students volunteering to help during breaks and after lessons.

Some of the first fruits of their labour are two giant pumpkins.

One of the fruits, which weighed 66lbs (30kg), will be used to make soup, the other will be turned into a Halloween lantern.

Ms Pennant said: "The project is allowing us to use a lot of cross-curriculum subjects to broaden students' awareness and understanding of the natural world."

Nadim Saleh, who is in year 9, said: "I am enjoying gardening and seeing how the vegetables grow so big from a little seed."

News in brief

Safeguard success

DURING October and November, the council will be raising awareness about safeguarding – protecting vulnerable people from financial, emotional, psychological or violent abuse.

Two drop-in sessions are being held on Thursday, October 16 from 4-6pm at Eva Armsby Family Centre, 6 Glamis Road, Wapping and Saturday, October 18 from 10am-2pm at the Osmani Centre, Vallance Road, E1.

For details email **nasim.patel@towerhamlets.gov.uk**

Go conker crazy

SCHOOLS and nurseries can Go Bonkers for Conkers for the Sick Children's Trust.

The challenge encourages youngsters to get sponsored to collect as many conkers as they can. To get involved, call Alan Booth on 7791 2604.

Boosting the battle against hate crime

BY STEFAN SWIFT

A SERIES of events will take place in Idea Stores this week as part of Hate Crime Awareness Week.

The purpose is to tackle hate crime issues by raising awareness of what these crimes are, how to identify them, encourage reporting and promote support services and resources.

Tower Hamlets' community safety team and the police community safety unit will be in Idea Stores from October 14-17, handing out leaflets about services, talking to residents and manning advice stalls.

A hate crime is any offence where the victim is targeted because of their race or ethnicity, religious beliefs, gender, gender identity, disability, age, sexual orientation or any other actual or perceived difference.

Mayor Lutfur Rahman said: "It is an important way to raise awareness of the work the police, the council's community safety team and voluntary organisations do to help eradicate hate crime in our proud and diverse borough."

Cabinet member for community safety Cllr Ohid Ahmed added: "Hate crime is unacceptable and this series of events shows residents the best ways to deal with this type of crime."

Staff will be present from 11am-4pm at: Idea Store Bow, Gladstone Place, E3 on Tues, Oct 14; Idea Store Whitechapel, 321 Whitechapel Road, E1 on Weds, Oct 15; Idea Store Watney Market, 260 Commercial Road, E1 on Thurs, Oct 16; and Idea Store Chrisp Street, East India Dock Road, E14 on Fri, Oc t17.

Get help with making the journey home

A CHARITY is offering people support and advice if they are thinking of returning to their own country.

Refugee Action's Choices service helps people with information, and in some cases, finances, to help them make the decision. It also helps them apply for travel documents and to arrange a flight.

Yusuf, who wanted to return to India after his asylum application was refused, found he was entitled to £1,500 to help him re-settle, and Choices organised and paid for his journey home.

Refugee Action is separate from the government and does not put pressure on people.

The Choices service is open to people who have claimed asylum, those with temporary status and those with no legal status in the UK.

To find our more call Choices free on 0808 800 0192 or visit **www.choices-avr.org.uk**

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TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 16 & 17

Highest honour for school meals team

Hearty congratulations to the council's contract services team, named Catering Business of the Year, the highest honour in the industry and the first council to win the award twice.

SEE BELOW

Useful information

Grants, grub and GCSEs

News from the council's children's services team

THIS is the first column of the new school term so there's a lot to catch up on!

Firstly, many congratulations to our students for another superb set of results at both GCSE and A level during the summer. All the hard work certainly paid off and our young people have once again proved to be a credit to this borough.

Of course, when students are approaching their exams they will also be thinking of the future and most notably whether they will be going on to sixth form or university.

The council wants to make sure nobody is put off from staying in education because of a lack of money.

To this end, the Mayor's Education Award (MEA) is open for applications from young people who have finished their GCSEs and are continuing to study in school or college. This is now a well-established scheme in Tower Hamlets which helps hundreds of young people stay in education each year.

To apply or to find out more about the MEA, visit **www.towerhamlets.gov.uk/mea**

We have also just launched the Mayor's Higher Education Award for a second year. This gives grants of £1,500 to help local students with the costs of going to university.

At the launch event last month, the audience heard first-hand from Orin Begum, a 20-year-old from Tower Hamlets who received one of these awards last year and who is studying law at Oxford University.

She told the audience that a single law book could cost £50 but that the award she received last year had been a great help.

She said: "A lot of students really worry about money but having that support there is a reassurance and a relief from the money worries."

Her speech was truly inspirational and really brought home to everyone what a positive difference a local council can make to people's lives.

For full details on the Mayor's Higher Education Award and to apply, visit **www.towerhamlets.gov.uk/higher**

These awards are examples of how the council is committed to using education to lift people out of poverty. Another demonstration of this is the introduction of free school meals for all primary school children.

We are only the fourth council in the country to offer free meals to all its primary school pupils, going above and beyond the new government scheme.

We have done this because head teachers tell us how much better children learn when they get a hot, nutritious meal at lunchtime; and parents tell us how much it helps them financially.

And parents in Tower Hamlets now have the added confidence of knowing their children are being fed each day by the best school catering service in Britain.

In July the council's contract services team was named Catering Business of the Year, the highest honour in the industry – becoming the first council to win the award twice.

Hearty congratulations go to everyone involved. The team is a truly impressive operation: not only does it provide more than 30,000 children with meals every day, it cleans half of the schools across Tower Hamlets and prepares and delivers hot, fresh meals to elderly and vulnerable people in the community through its Meals on Wheels services.

It is the only London borough to cook fresh Meals on Wheels each day. It also prepares Hackney Council's Meals on Wheels.

From grants to grub, we try to make sure that pupils get the best out of school and help them on the road to a bright future.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group
For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14.
0844 225 3704/0808 800 0303

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Alzheimer's Society Tower Hamlets
Advice and help for carers and people with dementia.
Mon-Fri, 9am-5pm.
Robinson Centre, Mile End Hospital, Bancroft Road, E1.
8121 5626

Tower Hamlets Advocacy Project
Independent advocates for adults with learning disabilities.
Mon-Fri, 9.30am-4.30pm.
Gladstone Place, 1 Ewart Place, E3.
7364 2550/2199

Parents Advice Centre (PAC)
Offers advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.
364 6489

LinkAge Plus
An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Free Advice
Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.
7987 9379

Skillsmatch
Free advice on all aspects of employment including training, apprenticeships and job vacancies.
Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.
7364 3727 or email skillsmatch@towerhamlets.gov.uk

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

.....

Issue no. **Page no.**

Tower Hamlets National Childbirth Trust
Offers support, information and friendship to parents and parents-to-be. Regular events.
07976 710964 or towerhamletsnct@yahoo.com
www.nct.org.uk

Breastfeeding Support Centres
Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14.
3594 2591 or 07961 609 626

Free home fire safety advice
From the London Fire Brigade
08000 28 44 28

Careers advice

Tower Hamlets Careers Service
Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available.
Careers Centre, 35 Bow Road, E3.
7364 1401

TH Lifelong Learning
Mon-Thurs, 10am-4pm.
Shadwell Centre, 455 The Highway, E1.

Careers advice
Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2.
07432 463343

Proud of exceptional standards

"I am proud of the exceptional standard we offer to young people. Our achievements are due to the excellent partnership that exists between the council, parents and our schools."

MAYOR LUTFUR RAHMAN

Did you know...

All the borough's secondary schools are currently rated good or outstanding by Ofsted.

Council focus: education

Tower Hamlets is considered an educational success story, and council-managed education services are judged to be some of the best in the world. Exam results continue to improve, bucking the national trend. **East End Life** spoke to some young people who explained how the council gave them an advantage as they planned for their futures.

Up there with the very best

FEW areas of the UK can say that all secondary schools are rated good or outstanding by Ofsted, but it is the case in Tower Hamlets – and exam results keep getting better as well.

The new Bow School building

Last year, respected academics Prof David Woods, Prof Chris Husbands and Dr Chris Brown reviewed improvements in the council's education services since 1998 and called the progress made "inspirational".

"It is not unreasonable to argue that Tower Hamlets has created some of the best urban schools in the world," they said.

"This is a genuinely exceptional achievement, worth celebrating, worth understanding, but, above all, worth learning from."

Mayor Lutfur Rahman launched the Higher Education Award last year to encourage young people to continue their education at university.

Among those who received a grant was Orin Begum, 20, who is studying law at Oxford University

She said: "I had to move for university and that means paying money on rent and utility bills and to have that extra bit of money means it's there to rely on. One book costs £50 and I don't have that kind of money.

> "This is a genuinely exceptional achievement, worth celebrating, worth understanding, but, above all, learning from."

"Law books go out of date each year so you can't even borrow them from the students in the year above you, you have to buy new editions. Having that bursary there means I don't have to worry about it so much."

Abderezak Allali, 20, who is studying history at Brunel University, said: "It was very useful. There were a lot of books I had to purchase and each term there were four or five mandatory books to read.

"The money was so useful and I'm really grateful for it."

Tower Hamlets has also delivered a multi-million pound Building Schools for the Future scheme, providing state-of-the-art facilities across the borough.

Fane Roberts-Clarke, 14, is pleased with the new Bow School building.

He said: "It's a great place – much better than the other one because we have brand new facilities. It will be easier for us to continue our studies because we will have a sixth form."

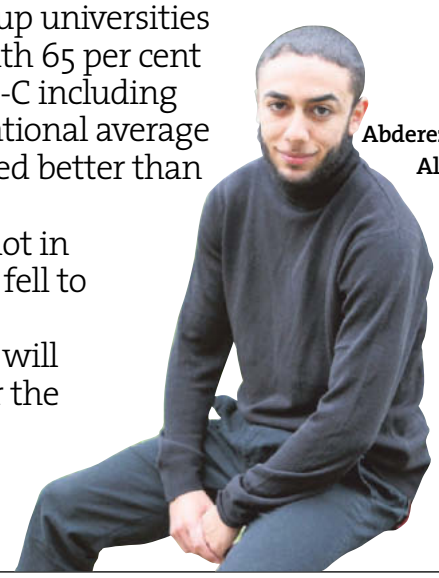
Mayor Lutfur Rahman said: "Education is a priority in Tower Hamlets and I am proud of the exceptional standard we offer to all our young people."

Cllr Gulam Robbani, cabinet member for children's services, said: "Tower Hamlets' young people have an excellent foundation from which to become leaders in their fields."

Orin Begum is studying law at Oxford

Over the past year...

- the borough's schools were judged to be among the best urban schools in the world by academics
- Tower Hamlets ranked in the top ten local authorities in London for sending students to Russell Group universities
- GCSE results improved in 2013 with 65 per cent of pupils achieving five GCSEs at A*-C including English and maths – beating the national average
- primary school children performed better than the national average at key stage 2
- the proportion of young people not in education, employment or training fell to 4.6 per cent
- improving attainment at A Level will continue to be a key focus and, over the next year, the council is seeking to increase the number of early education places for two-year-olds.



Abderezak Allali

The way we all REGISTER TO VOTE has changed

TOWER HAMLETS

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TOWER HAMLETS

They will never be forgotten

"Ten years ago firefighters Bill Faust and Adam Meere paid the ultimate price for ensuring the safety of Londoners. They are greatly missed but they will never be forgotten."

LONDON FIRE COMMISSIONER RON DOBSON

Praise for their actions

Firefighters and officers have received commendations for their responses to a fire in which two colleagues died.

SEE BELOW

News

Ten of the fire brigade's finest

BY JESSICA ODUBAYO

TEN firefighters and officers have received commendations for their responses to a fire in Bethnal Green, in which two of their colleagues died.

On July 20, 2004 fire crews were called to a serious blaze at a shop with flats above it in Bethnal Green Road.

Firefighters Bill Faust and Adam Meere became trapped inside the building.

Despite the dangers, they were rescued by colleagues, but both later died from their injuries.

The incident led to a long investigation and a coroner's inquest.

London Fire Brigade felt it fitting to award the commendations close to the tenth anniversaries of the tragedy and the ten men received their awards at a ceremony at Whitechapel fire station on October 1. Crew manager Damian Magee, 42, received a commissioner's commendation for his bravery in getting Bill Faust to a safe place.

Crew managers Craig Fenner, 32, and Ian Thornton, 48, as well as firefighters Gary Cassettari, 35, watch manager Richard Harris, 43, Dean Hughes, 42, Tony Lovell, 50, and Jon Summers, 33, all received assistant commissioner's commendations for their actions. Firefighter Jay Sharland, who was also at the fire, has since died.

He was given a posthumous commendation which his daughter, Summer, collected on his behalf. Watch manager Jon Scott, 51, from Shadwell, was not at the incident but he received an assistant commissioner's award in recognition of his efforts over the last ten years on behalf of those involved and the families of Mr Faust and Mr Meere. This includes organising an annual event in memory of the two men.

From left: Assistant Commissioner Dave Brown, Ian Thornton, Richard Harris, Craig Fenner, Jon Summers, Gary Cassettari, Summer Sharland, Commissioner Ron Dobson, Tony Lovell, Dean Hughes and Jon Scott

London Fire Brigade commissioner Ron Dobson said: "Ten years ago firefighters Bill Faust and Adam Meere paid the ultimate price for ensuring the safety of Londoners.

"Bill and Adam were much loved and respected, they are greatly missed but they will never be forgotten.

"We commend the actions of their colleagues.

"Their bravery and professionalism reminds us of the commitment demonstrated every day by London's firefighters."

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Wednesday 3rd December 5-7pm (sign up closes 11pm 30/11/14)

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If you do not sign up by the deadline date entrance will be refused

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Don't delay

"We are strongly urging residents who are at risk to get vaccinated against flu as early as possible."

MAYOR LUTFUR RAHMAN

A risk to good health

Paan is the general name given to a paan leaf chewed with spices, betel nut, sada, zarda (flavoured tobacco), slaked lime and sweeteners. Zarda and betel nut can cause mouth cancer.

Cllr Abdul Asad speaks to retailers at the information day

Shopkeepers get lowdown on responsible paan retail

RETAILERS were invited to an information day to hear advice about storing and selling paan and associated products.

Recent test purchases of the tobacco products in the borough have shown that they have been sold to children, are not always labelled correctly and that the paan leaf is often contaminated with pathogens – 60 per cent of leaves tested had been contaminated with the E. coli bacteria.

To raise standards, and in line with national legislation, council officers and health promotion professionals have been working to educate retailers about their responsibilities.

At the information day retailers heard about the food hygiene measures needed when selling these products as well as detailed information about tobacco sales and legislation.

Cllr Abdul Asad, cabinet member for health and social services, said: "I hope that the retailers found the session informative and useful for their businesses.

"Working to ensure that paan is stored safely and sold responsibly is good business sense and provides protection to residents."

For more information on labelling, the health effects and the handling of paan, call the council's smoke-free business service on 7364 5008.

Vulnerable groups urged to get flu jab

BY ANNA WILSON

GROUPS most at risk are being encouraged to have the flu jab as the autumn chill sets in.

Pregnant women and people of all ages with a long-term health condition such as diabetes, heart disease, kidney disease and chronic lung disease, are all invited to get vaccinated.

Parents of children aged two to four are also being targeted as uptake rates were low in this age group last year.

It is free and is available for children as a nasal spray.

Other groups eligible for the free vaccine are those aged 65 and over, frontline health and social care workers, and anyone caring for vulnerable relatives or friends.

For many people, flu is a nasty illness with a recovery time of up to a week but for older people, the very young, pregnant women, people with a health condition or those with a weakened immune system it can be serious and even require hospital treatment.

Director of public health for Tower Hamlets, Dr Somen Banerjee, said: "If you fall into one of the high-risk categories, do contact your practice for an appointment."

Cabinet member for health and adult services Cllr Abdul Asad said: "Flu is an unpredictable virus which changes every year, which is why at-risk groups need to be vaccinated every autumn."

The vaccination will also be available free from the majority of pharmacies for anyone who falls into the at-risk groups and is registered with a GP.

Campaigners at last month's Queen's Nursing Institute awards in Kensington

CAMPAIGNERS opposing new NHS funding arrangements have vowed to continue their action.

Changes introduced in April mean funding for GP practices is matched to the number of patients they serve.

The Jubilee Street Practice in Limehouse was one of several Tower Hamlets practices facing closure but it was given extra financial support until 2016.

But Save our Surgeries (Tower Hamlets) says very few of the 22 threatened east London practices have received emergency funds promised by NHS England in August.

A spokeswoman said: "At least one practice has been told the fund is closed and campaigners believe it may not have been large enough to compensate all qualifying practices."

A new career for the New Year

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Information sessions taking place across London:

Stratford E15 - 18 October

Victoria SW1 - 1 November

Southgate N14 - 12 November

To find out more and book your place call 0800 988 6579.

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kumon.co.uk

A trip to remember

The Stavros S Niarchos, a square-rigged brig, is part of a fleet of six vessels belonging to the Tall Ships Youth Trust, which gives teenagers the opportunity to try a voyage at sea.

WWW.TALLSHIPS.ORG

A river runs through it

Lee Valley Regional Park stretches 26 miles along the River Lee from Ware in Hertfordshire to East India Dock Basin.

SEE BELOW

Some of the youngsters on the deck of Stavros S Niarchos

Seafaring students have tall tail to tell

BY JESSICA ODUBAYO

FORTY intrepid students set sail on a voyage of discovery aboard a square-rigged tall ship, the Stavros S Niarchos.

The teenagers, from George Green's, Oaklands, Langdon Park, Morpeth and St Paul's Way Trust schools, embarked at West India Quay before sailing down the Thames and round to the south coast.

The voyage was organised by education charity, Tower Hamlets Education Business Partnership whose director, Helen Sanson, said students played key roles in life on board, including cooking and keeping the ship clean.

"It was a wonderful opportunity for those selected to test their own courage, resilience, leadership, team working and other important skills that will help them in their future working lives," she said.

Sherinne Ghoneim, 14, from St Paul's Way Trust School in Bow, said: "I wanted to do it as a new experience and I thought it would be an adventure."

Leon Maduro, 14, from George Green's School, Isle of Dogs, said: "I thought this would be a good choice to learn from and gain teamwork skills."

Countryside show features falcons, ferrets and farms

PUPILS from Cubitt Town Infants and Culloden Primary schools were among 3,000 children who had a taste of rural life at a countryside show.

Held at Leyton Marsh, Countryside Live gave youngsters the chance to watch falconry and ferret racing, and take part in activities such as willow weaving and wood turning, and identifying pond life.

Children met farmyard animals, bees, snakes and otters.

Children show off their corn dolly and felt masterpieces

Lee Valley Regional Park Authority ran the event on September 24, with education charity Countryside Learning.

TEN teachers at George Green's School on the Isle of Dogs boosted the coffers of a charity by fasting for a day.
Year 10 pupil Tanzim Kamali challenged the teachers to not eat or drink for a day during the Muslim period of Ramadan. Another pupil, Muhsina Kamal, suggested a sponsored fast and students made posters to advertise the challenge.
"It was tough, but we all managed to hold out and break our fast together at a local restaurant," Des Amey, head of year 10, told East End Life.
Representatives from Muslim Aid (above) went to the school last month,where they were given a cheque for £442.

Contact us for help and advice on all areas of family law
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Meridian Gate, 217 Marsh Wall
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Immigration	Asylum, application for leave to remain, students, spousal and business.
Property	Conveyancing.
Divorce	Help with divorce matters including petition, arrangements for children & finance.
Matrimonial Finance	Covering co-habitation, property disputes, living together agreements & mediation.

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"People would bend over backwards to get here. When we got our own place, it was like comparing a rabbit hutch to Buckingham Palace. And it was ours."

SEE BELOW – VISIT THE EXHIBITION AT BETHNAL GREEN LIBRARY UNTIL OCTOBER 22

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

Ann Richards as a child (left), and other tenants on the Affinity Sutton Estate down the years

'Des res' luxury for the lucky few

BY JOHN RENNIE

IN the years after World War II, it seemed like everyone was abandoning London.

From a population high of 8.6 million in 1939, the capital bottomed out at 6.8 million in the early 1980s, and the East End – bombed out and with many more houses, good and bad, lost to slum clearance – saw a bigger flight than most.

Even before the war, people had fled to the new estates of Barking and Dagenham. Post-war, it was Basildon and Harlow, boasting houses with gardens front and back, that beckoned.

But when asked, at 100 years old, why she had never left her flat on the 105-year-old Bethnal Green Estate, resident Ann Richards simply said: "I like my London... I like my Bethnal Green."

For if the flats on Sceptre Road and Braintree Street were no longer state of the art, at the time they were built they had been miles ahead of anything else in the East End – and the acme of luxury for those lucky enough to land a tenancy.

Their history lies in a philanthropic movement that gained momentum in the last years of the 19th century. A new exhibition examines what life was like for the pioneer tenants and for those who called the estate home down the decades. Drawing on a fascinating treasure trove of pictures and memories, it paints a picture of an East End life fast disappearing.

Victorian Britain had a huge housing problem. A rural economy had become an industrial one over the course of the preceding century, and the cities had mushroomed – London went from a metropolis of a million people in 1801 to more than 6 million a century later.

> "I like my London. I like my Bethnal Green."
> Ann Richards

Towns which had barely existed before the Industrial Revolution, such as Birmingham, Manchester and Sheffield, were now densely packed, filthy and quite unfit for their new populations. Workers lived many to a room, in pestilent, unsanitary, jerry-built homes.

There was no such thing as council housing, and only workers lucky enough to serve benevolent employers such as Rowntree, Cadbury and Lever could escape destitution, living in model towns with shops and schools. There were almshouses, providing relief for older people and, for a lucky few, homes built by philanthropists' trusts such as the Peabody Trust (1862) and the Guinness Trust (1890).

But it wasn't until the 1890 Housing of the Working Classes Act that local councils were given the power to buy and demolish the slums, then build new homes. The first council housing would be built in Liverpool, followed in 1900 by Bethnal Green's Arnold Circus on the site of the Old Nichol slum.

Enter William Richard Sutton, who had amassed a huge fortune running a carrier business from his headquarters in Golden Lane, Finsbury. In all his years, the hard-nosed businessman had never expressed the slightest interest in charity or philanthropy. So it was with horror that his family greeted the reading of his will in 1900 – the bequest of £1.5 million (around £160 million in today's money) "to build houses for the working classes in London and other populous places".

It was by far the largest sum ever donated by a philanthropist for the purpose.

Enough for plenty of houses then, but his desperate family objected on the grounds that the work would not count as "charitable". The trustees were forced to fight a legal case, redefining charitable work to include the building of housing for below market rent.

The will also terrified other builders, who feared the money would distort the entire building industry, and there were debates between the London County Council (LCC) and Parliament about the impact on local housing markets.

The will was finally upheld in 1927, though building began on the Bethnal Green Estate in 1909, at the junction of Sceptre Road and Braintree Street, just off the Roman Road.

Standards would be high, with a competition among architects to win the contract. All but the smallest bedsits had baths when practically all tenement buildings elsewhere shared them.

(For reasons of space, many were placed in the kitchen, with a wooden top neatly transforming the bath into a dining table.) One tenant remembers that "if we wanted a bath then nobody could go through the kitchen and go to the toilet. It was a little bit awkward but we was lucky to have a bath!"

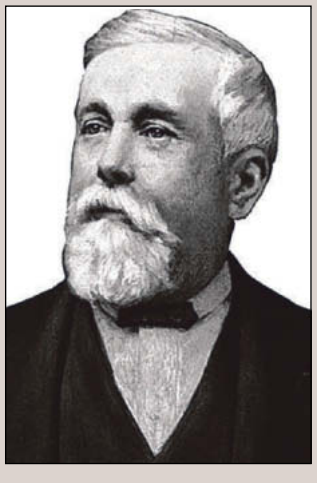
As well as fold-down worktops in the kitchens, rooms were ten per cent larger than in existing tenement housing, and there was access to coal and pram sheds.

One resident who lived at Bethnal Green after World War I recalled: "This was a real 'des res' and people would bend over backwards to get here. When we got our own place, it was like comparing a rabbit hutch to Buckingham Palace. And it was ours."

A new exhibition, created by Eastside Community Heritage and Affinity Sutton, and compiled from the photos, mementos, memories and oral testimonies of residents past and present, now celebrates 105 years of a social experiment that has stood the test of time. Visit Bethnal Green Library before it ends on October 22 to get a glimpse into the beginnings of social housing in the East End.

Sadly, Ann Richards won't be there to share her memories – the centenarian passed away during the construction of the project. But till the end, she liked her Bethnal Green Estate... long may it stand.

Making money from mail



WILLIAM Sutton (right) rose from humble beginnings: the youngest of five children, he was born in 1836 in Foster Lane in the City, the son of a publican.

As a boy, he spotted a loophole in the postal system and undercut rates by accepting lots of small packages, parcelling them up and shipping them in bulk around the country. Employees in other towns would then unpack and re-distribute the goods.

By 1861, this business had grown to allow him to open a new head office in Aldersgate Street. Despite challenges in the courts from the railway companies, Sutton's business continued to grow.

By 1899 it had a royal warrant from Queen Victoria with more than 600 branches.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

The Government is changing the benefits system as part of its plans for welfare reform. If you are claiming benefits, you may be affected.

Households who are **not in work** or have **less than 24 hours work per week** will be affected most.

The impact of these changes could be serious and some household may no longer be able to afford their current housing costs.

Tower Hamlets Council and its partners are helping prepare residents for the upcoming benefit changes. This includes support with:

- **Getting information and advice**
- **Managing your money**
- **Finding work and training opportunities**

For more information about the changes visit the government website www.dwp.gov.uk or call their helpline on **0845 605 7064**, or textphone **0845 608 8551**.

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meetings

Wednesday, October 15

6.30pm: King George's Field charity board
For details call 7364 4207 or email jonathan.regal@ towerhamlets.gov.uk

7pm: Development committee
Planning applications due to be considered include: construction of four dwellings on land south of Rainhill Way, E3; conservatory extension at 11 Havannah Street, E14; and change of use of 7 Westport Street, E1 from estate agent to minicab office.
More information on 7364 4877 or email zoe.folley@ towerhamlets.gov.uk

Thursday, October 16

6.30pm: Licensing committee
Business includes reports on a fees review and the cumulative impact zone in Brick Lane.
For details call 7364 4120 or email simmi.yesmin@ towerhamlets.gov.uk

Tuesday, October 21

6.30pm: Licensing committee
Details from Simmi Yesmin (see above).

7.30pm: Standards (advisory) committee
Details on 7364 4333 or email angus.taylor@tower hamlets.gov.uk

Wednesday, October 22

7.30pm: Human resources committee
Details from Jonathan Regal (see left).

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

Tower Hamlets online

www.towerhamlets.gov.uk
For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Planning

E1

144-146 Commercial Street – two additional storeys to create two residential units. Construction of five-storey rear extension to facilitate staircase and insertion of three cantilever balconies to rear; alteration to front facade; alteration to shopfront; internal reconfiguration consisting of: relocation of residential entrance and staircase; conversion of existing two 1-bed flats to two 2-bed flats at first and second floor level.
55 Wentworth Street – first-floor extension and conversion of storage unit into two-bedroom, one-person dwelling.
47 Wentworth Street – first-floor extension and conversion of storage unit into two-bedroom, one-person dwelling.
90B Mile End Road – change of use to community office.
Site at 202-208 Commercial Road – application for non-material amendment of planning permission ref. PA/12/02379, dated 6.11.12.
Aldgate Hostel, 7 Dock Street – advertisement consent sought for name signage for occupying tenant, Wombats Hostel in form of free-standing illuminated sign on existing projecting canopy to front of building.

E1W

298 The Highway – works to five trees at rear, including height and spread reduction to canopies and crown thinning.

E2

Flat B, University House, 16 Victoria Park Square – removal of internal late 20th century plasterboard stud partition walls to bathroom, hall and living rooms with replacement stud partitions to create enlarged bathroom.
15 Sugar Loaf Walk – prune north and western lateral spread of mature hornbeam tree outside front of block to achieve clearance of 2m from windows and structures.

E3

2 Taft Way – conversion and extension of garage to create additional residential accommodation ancillary to main house.
10 Alphabet Square – application for lawful development certificate re existing use as residential dwelling.
Land between St Pauls Way & Masjid Lane, including Linton House, Printon house & Burdett Estate Community Centre, St Pauls Way – demolition of Linton House, Printon House, community centre building and mosque to facilitate redevelopment of the site to create a two-form entry primary school and nursery, a two-storey mosque and three residential blocks between four- and eight-storeys to provide 109 new dwellings, a new ball court, children's play space, amenity space and cycle parking.

E14

11 Westferry Circus – advertisement consent sought for replacement of non-illuminated signage within undercroft area.

Have your say on blocking blighted alley

THE council is seeking residents' views about whether to block public access to an alleyway.

A petition handed to the council states that Five Bells Alley in Three Colt Street, E14 is a hotspot for crime, anti-social behaviour and fly-tipping.

The alleyway has attracted criminal activity including prostitution and drug dealing as well as anti-social behaviour such as urination and defecation.

The council's community safety and environmental health services, and the police, have received numerous complaints about the area.

It continues to be used for criminal activity despite numerous enforcement actions from the council, police and other partners.

Under the proposed gating order, the alleyway would be made inaccessible to the public.

A consultation will run until November 7 to find out whether the installation of gates will be supported more widely.

Cllr Ohid Ahmed, cabinet member for community safety, said: "Residents have already indicated their desire for a gating order and we hope to get a good response to consultation."

To take part in the consultation, visit **http://tinyurl.com/m9j83dg**, call 7364 6259 or email **fbasurveyresponse@ towerhamlets.gov.uk**

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre, 179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

thcvs
Council for Voluntary Service

THCVS is an independent membership organisation providing advice, training and support to voluntary, community, faith and social enterprise organisations in Tower Hamlets.

Registered Charity: 1137143
Company Ltd by Guarantee: 07251141

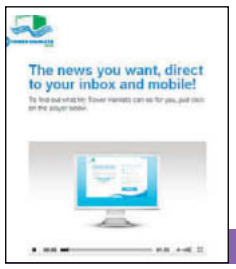
THCVS AGM 2014

Thursday 23rd October, 1pm - 4.30pm
Toynbee Hall, E1

The theme for our 4th AGM is **'Learning from the past, celebrating the present, shaping the future'**, and will include a workshop to find out what you think of your CVS and what you think the local voluntary sector needs for the future. Members will then elect our board of trustees. There will also be networking and refreshments.

To book a place, please visit our website www.thcvs.org.uk or call 020 8980 8427 for more details.

TOWER HAMLETS
MAYOR OF TOWER HAMLETS



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Did you get it?

Last week's photo was of a frieze at Queen Mary University of London, E1.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.

Do you know where to find this feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory@towerhamlets.gov.uk

To place your advert here call...
Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

LOCAL MINI CABS
canarywharfcars.co.uk
CWC 020 7423 9999
Owner Drivers EARN £500 - £1000 per week. Day or Night Shift, Weekly Rent or Percentage Based
AIRPORT TRANSFERS FROM £40
info@canarywharfcars.co.uk
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Hamlets
A Mini Cooper Driving School
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Learn in STYLE... Smart & Fast Way
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Lessons @£15/hr, 4 hours = £60 (once only)
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• Tower Hamlets | Newham | Hackney | Redbridge
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• We only use DSA approved instructors
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www.hamletsdrivingschool.co.uk

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Lettings & Management
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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179

বিশ্ব মানসিক স্বাস্থ্য দিবসের আহ্বান

ওয়ার্ল্ড মেন্টাল হেলথ ডে বা বিশ্ব মানসিক স্বাস্থ্য দিবস উপলক্ষে টাওয়ার হ্যামলেটস কাউন্সিলের পক্ষ থেকে বারার বাসিন্দাদের মানসিক স্বাস্থ্যর কল্যান কল্পে সচেতন দৃষ্ঠি রাখার জন্যে আহ্বান জানানো হয়েছে। মানসিক ব্যাধি জটিল আকার ধারন করার আগেই জিপির সাথে পরামর্শ করার জন্যে অনুরোধ করা হয়েছে।

MAKE TIME FOR YOUR MENTAL WELLBEING

Fooranka maayarka ee ganacsiga

Mayor's Business Forum – see page 5

DADKA deegaanka ee ganacsiga ku leh, ayaa fursad la siinayaa xodhiidhintooda iyo in kawnsulka u sheegaan in uu gacan qabto horumarinta gancsiga ee gobolka.

Fooramka meeyarka ee ganacsiga ayaa lagu qabanaya mar kale Tobacco Dock, Wapping maalinta talaadada, Oktober 28.

Foramkani wuxuu qayb ka yahay qorshaha kawnsulka ee meheradaha, kaas oo jaangoynaya horumarinta dhqaalaha ee gobolka.

Meeyar Lutfur Rahman ayaa yidhi: "Tower Hamlets dhaqaalaheedu wuu wanaagsan yahay, marka dalka loo eego. Laakiin haddana waxaa loo baahan yahan in aanu sare u sii qaadno.

"Munaasabadahan ganacsiga foramka oo kale ayaa fududaynaya in laga hadalo meheradaha ganacsiga ee degaanka oslamarkaana la isweydiiyo habab cusub oo dhaqaaklaha kor loogu qaadi lahaa."

Waxaa loo baahan yahay in aad marka hore isa sii diiwaangeliso, si aanay kaaga buuxsamin. Warar dheeraad ah iyo isdiiwaangelintaba la xidhiidh **business.forum@towerhamlets.gov.uk**

কমিউনিটি ওয়ার্ড ফোরামের বর্ষপূর্তি উপলক্ষে সভা অনুষ্ঠিত

Find out about improvements to your area – 1030

টাওয়ার হ্যামলেটসে কমিউনিটি ওয়ার্ড ফোরাম গঠন করার এক বছর পর তাদের ওয়ার্ডে কি ধরনের উন্নতি হয়েছে তা খতিয়ে দেখার জন্যে বাসিন্দাদের জন্যে কয়েকটি সভার আয়োজন করা হয় এসব সভায় বাসিন্দারা মতবিনিময়ে অংশ নেন।

উল্লেখ্য যে, বারার ওয়ার্ডগুলোর সামাজিক উন্নয়নের এই উদ্যেগের জন্যে প্রতিটি ওয়ার্ডকে ১০ হাজার পাউন্ড বাজেট প্রদান করা হয়ে থাকে।

গত কয়েক সপ্তাহে যে কয়েকটি প্রকল্প চালু করা হয়েছে সেগুলো হল : গ্লোব টাউন ও মাইল এন্ডে হোমওয়ার্ক ক্লাশ শুরু হয়েছে। সেন্ট ডানস্টান ও স্টেপনি ওয়ার্ডে হেলদি মবাইল ফাস্ট ফুডের বিক্রির ব্যবস্থা করা হয়েছে। ব্রমলি বাই বো ওয়ার্ডে ফাইনেন্সিয়াল এডভাইস ওয়ার্কশপ চালু করা হয়েছে। ইস্ট ইন্ডিয়া এবং ল্যান্সব্যারি ওয়ার্ডে চালু করা হয়েছে গার্লস ফ্যাশন প্রজেক্ট এবং হোয়াইটচ্যাপল ওয়ার্ডে শুরু করা হয়েছে আফটার স্কুল কুকিং ক্লাশ।

গত সপ্তাহে মাইলএন্ডের ইকোলজি পার্কে ও ওয়াপিং এর গ্লামিস হলে পৃথক দুটি জনসভার ও আয়োজন করা হয়েছিল এতে ওয়ার্ড ভিত্তিক ফোরামের প্রকল্প নিয়ে বাসিন্দারা মত বিনিময় করেন তারা আর্থিক ব্যয়ের বিষয়টি নিয়ে

আলোচনা করেন এবং দ্বিতীয় বছরে স্কীমগুলোকে আরো ভাল ভাবে পরিচালনা করার বিষয়ে জোর দেন।

মেয়র লুৎফুর রহমান তার মন্তব্যে বলেন,"কমিউনিটি ওয়ার্ড ফোরামের প্রথম বর্ষ অত্যন্ত সফল ভাবে পরিচালিত হয়েছে। আমরা যখন জনগনের নিকট তাদের ওয়ার্ডের উন্নয়নের ব্যাপারটি ন্যস্ত করেছিলাম তখন আমাদের কোন ধারনা ছিলনা যে এই প্রকল্প এত জনপ্রিয়তা লাভ করবে। কমিউনিটি ওয়ার্ড ফোরামগুলো আমাদের আমাদের প্রত্যাশা পূরণে সক্ষম হয়েছে। আমি অত্যন্ত আনন্দিত যে আমাদের কমিউনিটিকে ঐক্যবদ্ধ করার জন্যে বিভিন্ন উদ্যেগ ও অনুষ্ঠানের ও আয়োজন করা হয়েছে।"

Damaashaadka Somalida London

Somali Week Festival 2014 – page 23

URURKA dhaqanka iyo hidaha ee Kayd, oo uu ku lamaan yahay ururka Kheyriyada dhaqanka ee Redsea iyo ururo kale, ayaa soo bandhigaya barnaamijka todobaadka Somalid 2014.

Barnaamijka sannadfkani wuxuu bilaabmayaa maalinta Jimcaha, Oktoobar 17da, waxaanu soconayaa ilaa 26 Oktoobar, maalinta Axda. Madashu waa Oxford House, Derbyshire Street, E2.

Todobaadka Damaashaadka Somalida, waa qayb ka mid ah, xuska taariikhda dadka laga tiro badan yahay ee UK ku nool. Barnaamijka sannadkani sidii caadadu waaadoonaa suugaaneed, tabayo, doodo, filimo, miyuusig iyo masraxiyado.

Abwaaniinta, hoobalada, aqoon yahanka iyo marti sharafta sannadkan ka soo qaybgelaya eee ka immanaysadebedaha waxaa ka mid ah safiirka UK ee Somalia Neil Wigan, Hassan Daahir 'Weedhsame', Abdullah Haji, Said Salah Ahmed, Amina Farah, Shay Mire Dacar, Dr. Hussein Abdilahi Bulhan, Bashir Goth, Sahro Koshin, Halwo Bulhan Ali, Jama Musse Jama, Degan Ali, Ed Pomret, Ilwad Elman, Nura Farah, Cristina Ali Farah, Dr Omar Eno and Muse Dalmar.

Martidaa waxaa la wadaagaya golaha kuwa u dhigma oo reer UK ah sida Hudaydi, Nimo Yasin, Aar Maanta, Nimo Degan, Said Jama, Caasha-Lul Mohamud Yusuf, Dr Laura Hammond, Dr Martin Orwin, Sheikh Mahamoud Sheikh Dalmar, Nadifa Mohamed, Dr Anna Lindley, Kaltun Bacado, AbdirahmanXananteeye, Prince Abdi, Ali Goolyad, Rashiid Sheekh Cabdillaahi 'Gadhwayne', Said Ali Shire, Zaynab Daahir, Cabdiraxmaan Abtidoon, Jawaahir Faarax, Jawaahir Daahir, Jack Mapanje, Dr Mpalive Msiska, Dr Fadumo Farah, Farhan Hasan , Dr Nasir Warfa, Fiona Dwyer, Claire Thomas, Maryan Mursal, Kate Stanworth, Angela Fisher, Carol Beckwith, Asha Lul Mohamoud, Clare Pollard, Sarah Maguire, Abdirizak 'Gaadaco', Dr Fadumo Omar, IkranArale.

Warar booqo **www.kayd.org**

Faahfaahin email u dir **info@kayd.org** amma wac 07903 712949.

Eid al-Adha celebrations

গত ৭ই অক্টোবর লাইমহাউসের সিরিল জ্যাকশন প্রাইমারি স্কুলের স্টাফ ছাত্র-ছাত্রী এবং তাদের অভিভাবকদের নিয়ে ঈদুল আজহা পরবর্তী এক পুনর্মিলনীর আয়োজন করা হয়।

স্কুলের বাচ্চাদের জন্যে আয়োজিত এই অনুষ্ঠানে শতাধিক অভিভাবক ও কেয়ারারবৃন্দ উপস্থিত ছিলেন।

অনুষ্ঠানে ভাত -তরকারি ও আরো সুস্বাদু খাবারের আয়োজন করা হয়, শিশুরা তাদের পছন্দমত বাহারি পোষাক পরে ঐ দিনটি উদযাপন করে ছিল।

Parents, staff and pupils at Cyril Jackson Primary School celebrate Eid al-Adha

মানসিক ভাবে সুস্থ থাকার জন্যে সময় বের করুন

Make time for your mental wellbeing – see issue 1030

টাওয়ার হ্যামলেটস কাউন্সিল তার বাসিন্দাদের মানসিক ভাবে ভাল থাকার জন্যে সচেতনতার তিকে লক্ষ্য রেখে ওয়ার্ল্ড মেন্টাল হেলথ ডে-পালন করবে বলে জানানো হয়েছে।

মানসিক স্বাস্থ্য ইস্যুটি আপনি যে ভাবে ভাবছেন তার চাইতেও অনেক বেশি, প্রতি বছর যুক্তরাজ্যে প্রতি ৪ জনের মধ্যে ১ জন মানসিক সমস্যায় ভোগান্তির শিকার হন বলে জানা গেছে।

যদিও ক্ষনস্থায়ী অনুভুতি বা মানসিক চাপ স্বাভাবিক বলে ধরে নেয়া হয় তবে স্বাভাবিক মানসিক চাপ মারাত্নক আকার ধারন করতে পারে তা আতংক-ভয়ভীতির সৃষ্ঠি করে তা ব্যাধির কারন হয়ে দাড়াতে পারে।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন,"টাওয়ার হ্যামলেটস কাউন্সিল কমিশনিং ক্লিনিক্যাল গ্রুপের সাথে ও হেলথ সার্ভিসের সাথে ঘনিষ্ঠ ভাবে কাজ করে মানসিক সমস্যাগ্রস্ত দের স্বাস্থ্যের উন্নতির জন্যে কাজ করে থাকে। মানসিক স্বাস্থ্যর চিকিৎসার ব্যাপারে বৈষম্যের যে কালিমা রয়েছে আমরা উৎখাত করতে চাই।"

আরো বিস্তারিত জানার জন্যে- **www.mentalhealth.org.uk** - এই ওয়েবসাইট ভিজিট করার জন্যে অনুরোধ করা হয়েছে।

টাওয়ার হ্যামলেটসের পাবলিক হেলথের ডিরেক্টর সোমেন ব্যানার্জি বলেছেন ভালো মানসিক স্বাস্থ্যর লক্ষন হল নিজেকে নিয়ে ভাল থাকার অনুভব করা এবং যখনই যে সমস্যা আসবে তখন তা মোকাবেলা করা। শারীরিক ও মানসিক স্বাস্থ্য ভাল রাখার জন্যে সময় বের করলে তার প্রভাব ইতিবাচক ও দীর্ঘস্থায়ি হয়। আপনি যদি নিজের ব্যাপারে বা কারো ব্যাপারে উদ্বিগ্ন হন তাহলে জিপির সাথে পরামর্শ করুন।"

মানসিক চাপ,দুশ্চিন্তা বা আত্নবিশ্বাস লোপ পেতে থাকলে পরামর্শের জন্যে কম্পাস ওয়েলবিয়িং এর ০২০৭ ৭৯১ ৯৪৯৭ এই নম্বরে ফোন করার জন্যে অনুরোধ করা হয়েছে।

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চ্যানেল ফাইভে প্রদর্শিত ডকুমেন্টারি বিপুল সাড়া জাগিয়েছে

আচরনগত সমস্যা রয়েছে এমন সব ছাত্রদের বিদ্যালয় ইয়ান মিকার্ডো স্কুল। এই স্কুলের শিক্ষাদান পদ্ধতি ভিন্ন চ্যানেল ফাইভ এই ভিন্ন শিক্ষাপদ্ধতির উপর দুইপর্বের একটি ডকুমেন্টারি নির্মান করে তা প্রদর্শন করেছে যা শিক্ষানুরাগি মহলে বিপুল সাড়া জাগিয়েছে, বিস্তারিত সংবাদ দেখুন নীচে।

POSITIVE RESPONSE TO SCHOOL TV DOCUMENTARY

ঐকতান

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7364 4944

Cllr Shahed Ali with R3cycler and St Mary and St Michael Primary School's eco-council – see page 5

R3cycler at St Mary and St Michael school

রিসাইক্লড পিংক বিন ও কিচেন ক্যাডিস দিয়ে একটি মিনি রবট নির্মান করা হয়েছে। এই রবট-টি সেন্ট মেরিজ ও সেন্ট মাইকেল স্কুলে এক অনুষ্ঠানের মাধ্যমে উদ্বোধন করা হয়। স্কুলের শিশুদের কাছে যাতে রিসাইক্ল করার বার্তাটি ইতিবাচক ভাবে পৌছানো যায় এই দিকে লক্ষ্য রেখে রবট টি নির্মান করা হয়েছে যা অন্যান্য স্কুলেও পর্যায়ক্রমে ভ্রমন করবে বলে জানানো হয়েছে।

Councillor named Hero of the Year

রাবিনা খান ইউরোপীয়ান ডাইভারসিটি এওয়ার্ডস পুরস্কারে ভুষিত – p3

Cllr Rabina Khan

টাওয়ার হ্যামলেটসের হাউজিং এর কেবিনেট মেম্বার রাবিনা খান ইউরোপীয়ান ডাইভারসিটি এওয়ার্ডস' পুরস্কারে ভুষিত হয়েছেন। সমাজে বর্ন-সাম্য প্রতিষ্ঠার ব্যাপারে কাউন্সিলর রাবিনা খানের উজ্জ্বল ভুমিকা রয়েছে। একজন রাজনীতিবিদ ছাড়াও তিনি সমাজে একজন সম্মানিত ব্যক্তিত্ব ,তার রয়েছে লেখক খ্যাতি এবং চলচ্চিত্র নির্মানের ব্যাপারেও রয়েছে তার ভুমিকা।

তিনি বেশ কয়েকটি নভেল লিখেছেন এর মধ্যে গুড ওয়াইফ সরোউডেড' অন্যতম। রাবিনা খান মুসলিম মহিলাদের মর্যাদার আসনে তুলে ধরেছেন , তাদের কে রোল মডেল হিসাবে ইউরোপীয়ান সমাজে ইতিবাচক ভাবে তুলে ধরার প্রয়াস রয়েছে তার লেখনি ও কর্মকান্ডে।

ইউরোপীয়ান ডাইভারসিটি এওয়ার্ডের পক্ষ থেকে উপরোক্ত বিষয়ে আলোকপাত করে বলা হয়েছে রাবিনা খান মুসলমান মহিলাদের জন্যে সত্যিকারের প্রেরনার উৎস, তিনি সামাজিক বর্ন সম্পর্ক উন্নয়নের জন্যে তার পেশা ও পারিবারিক সময় ও মেধা উৎসর্গ করেছেন। তিনি পুলিশ ও ক্রিমিনাল জাস্টিস সিস্টেমের সাথেও কাজ করেছেন। রাবিনা খান এসব কৃতিত্ব অর্জন করেছেন লেখনির মাধ্যমে।

পুরস্কার বিতরনি অনুষ্ঠানে বক্তব্য রাখতে গিয়ে কাউন্সিলর রাবিনা খান বলেন,"আমি নিজেকে বিপুল ভাবে সম্মানিতবোধ করছি, ইউরোপীয়ান ডাইভারসিটি এওয়ার্ড স্বীকৃতি প্রদান করায় আমি তাদেরকে বিনয়ের সাথে আমার কৃতজ্ঞতা জানাচ্ছি। এই পুরস্কারটি এমন এক সময়ে প্রদান করা হয়েছে যখন সমাজে বিভক্তির বীজ বপন করার জন্যে অনেকে সচেস্ট , ঐক্যবদ্ধ ভাবে দাড়ালে কত কিছু যে অর্জন সম্ভব তা এই পুরস্কার দেখিয়ে দিয়েছে।

বৃটেনে ও ইউরোপে বসবাসরত সাধারন পরিবারের মাতাদের যদি আমার কর্ম উজ্জীবিত করে তাদেরকে রাজনীতি ও জনজীবনে নিয়ে আসে এবং বিশেষ করে যদি তারা মুসলমান সমাজে ইতিবাচক ভুমিকা রাখতে পারেন তাহলে এটাই হবে আমার বিরাট অর্জন।"

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেন,"আমি অত্যন্ত আনন্দিত যে কাউন্সিলর রাবিনা খান সামাজিক সাম্য প্রতিষ্ঠায় কাজ করতে গিয়ে স্বীকৃতি অর্জন করতে সক্ষম হয়েছেন। আমি এ জন্যে তাকে আন্তরিক শুভেচ্ছা জ্ঞাপন করছি ও ধন্যবাদ জানাচ্ছি।"

উল্লেখ্য যে, ইউরোপীয়ান ডাইভারসিটি এওয়ার্ডের জন্যে আইটিএনের ম্যানেজিং এডিটর রবিন ইলিয়াস ও কমেডিয়ান অভিনেত্রী ফ্রাঞ্চেস্কা মার্থিনেজ।

চ্যানেল ফাইভে প্রদর্শিত-টু টাফ টু টিচ-ডকুমেন্টারি বিপুল সাড়া জাগিয়েছে

Overwhelmingly positive response to school TV documentary – issue 1030

টাওয়ার হ্যামলেটসের ব্রোমলি বাই বো এলাকায় অবস্থিত ইয়ান মিকার্ডো হাইস্কুলের শিক্ষক ও স্টাফবৃন্দ এই বিশেষ স্কুলের ছেলেদের আচরণগত সমস্যার কারনে প্রচন্ড চাপের মাঝে কী ভাবে শিক্ষাদান করে থাকেন তা উপর দুই পর্বে নির্মিত ডকুমেন্টারিটি গত ২৯ সেপ্টেম্বর এবং ৬ অক্টেবর রাত ৯টার সময় চ্যানেল ফাইভ এ প্রদর্শিত হয়েছে।

এই তথ্যচিত্রটি আপাতঃদৃষ্টিতে বিতর্কিত মনে হলেও স্কুলের বিরূপ আচরনকারি ছাত্রদের পাঠ্যদানের ব্যাপারে যে অনন্য পদ্ধতি অনুসরণ করা হয় এবং এর মাধ্যমে যে ইতিবাচক ফলাফল পাওয়া যায় দর্শকরা তা অবলোকন করতে পেরেছেন। টেলিভিশন ডকুমেন্টারিটি প্রদর্শন করার পর বিপুল ইতিবাচক সাড়া পড়েছে বলে ইয়ান মিকার্ডো স্কুলের হেড টিচার এম এস লিলিস জানিয়েছেন।

ইয়ান মিকার্ডো স্কুল ধারাবাহিকভাবে কয়েকবার অফস্টেড কর্তৃক প্রশংসিত হয়েছে। গত জুন মাসে আবারও এই স্কুল অনবদ্য হিসাবে প্রশংসিত হয়েছে।

যারা ডকুমেন্টারিটি অনলাইনে দেখতে আগ্রহি তাদেরকে-www.channel5.com/shows/too-tough-to-teach/episodes-1-678 : www.channel5.com/shows/totoughteach/pisodes-2-654 লগ ইন করার জন্যে অনুরোধ করা হয়েছে।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেন, "এই স্কুলটির ছাত্ররা মূলস্রোতের স্কুলগুলোতে ভর্তি হতে পারেনা। কিন্তু এখানে তাদের খুব ভাল শিক্ষাদান ও জীবন গঠনে সহযোগিতা করা হয়। যার ফলে ছাত্ররা তাদের জীবন উন্নত করতে পারে এবং পরবর্তীতে বিভিন্ন সুযোগওগ্রহন করতে পারে। আর এ কারনে এই স্কুলটি খ্যাতি অর্জন করেছে।

মেয়র রহমান বলেন, আমি চাই একজন তরুণও যেন পেছনে না পড়ে থাকে। আমি আশা করি অন্যান্য বারা ইয়ান মিকার্ডো স্কুলকে অনুসরণ করবে।

ইয়ান মিকার্ডো স্কুলে কোন বাঁধা ধরা নিয়মে শিক্ষা দেয়া হয় না। তাদের জন্যে এটা কর ওটা করনা এ ধরনের কোন বাধ্য বাধকতা নেই। স্কুলের কোন ইউনিফর্মও নেই। তবে তাদের কাছে স্টাফদের পক্ষ থেকে ভাল আচরণ আশা করা হয়। স্টাফরা কোন ধরনের শারিরীক ভীতি ব্যবহার করবেন না।

চিলড্রেন সার্ভিসের কেবিনেট মেম্বার, কাউন্সিলর গোলাম রব্বানি বলেন, "এই ডকুমেন্টারির মাধ্যমে দেশবাসি দেখতে পেরেছেন আমরা কি করছি, আর তা দীর্ঘদিন ব্যাপি অফস্টেড ও আমরা অবগত রয়েছি।

News in brief

স্ত্রীকে ধর্ষনের দায়েএক ব্যাক্তির কারাদন্ড

স্নেয়ার্সব্রুক ক্রাউন কোর্ট তার স্ত্রীকে উপর্যুপরি ধর্ষণের দায়ে এক ব্যাক্তিকে ১৩ বছরের কারাদন্ডে দন্ডিত করেছে। কখনো কখনো ঐ ব্যক্তি তার স্ত্রীর হাত তার দিয়ে বেধে রেখে ধর্ষণ করতেন বলে ভুক্তভোগি অভিযোগ করেছেন। অভিযুক্ত ব্যক্তি আদালতে তার দোষ স্বীকার করেছেন।

অভিযুক্ত ব্যক্তি এক পর্যায়ে তার স্ত্রীর মবাইল ফোনে ধর্ষণচিত্র রেকর্ড করে রাখেন এবং তা আবার তার স্ত্রীর নিকট ফেরত দিয়ে দেন। তিনি মনে করেছিলেন তার স্ত্রী এ ব্যাপারে পুলিশের কাছে মুখ খুলবেন না। ভুক্তভোগি মহিলা এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন যারা এ ধরনের নির্যাতনের শিকার হয়ে থাকেন আমি তাদের অভিযোগ করার জন্যে এগিয়ে আসার আহ্বান জানাবো। আমি আশা করি ভুক্তভোগিরা সহযোগিতা পাবেন, আমি আমার জীবনকে পুনর্গ-ঠন করার সুযোগ গ্রহন করেছি।

ডিটেকটিভ ইন্সপেক্টর সার্জেন্ট জেইন টপিং বলেছেন এই ধরনের ঘটনা রিপোর্ট করা হয় না। ভুক্তভোগি সাহস করে অভিযোগ করায় অভিযুক্ত ব্যাক্তিকে আদালতে দোষ স্বীকার করা ছাড়া গত্যন্তর ছিল না।

ডমেস্টিক ভায়োলেন্সের ব্যাপারে রিপোর্ট করতে হলে ০৮০০ ২৭৯ ৫৪৩৪ এই নম্বরে টেলিফোন করার জন্যে অনুরোধ করা হয়েছে।

শীতের প্রকোপ আসার আগেই ফ্লু ভ্যাকসিন নেয়ার আহ্বান

শীতের প্রকোপ শুরু হওয়ার লক্ষন দেখা যাচ্ছে এ জন্যে ইনফ্লুয়েঞ্জায় আক্রান্ত হতে পারেন তারা অনেকে যারা ঝুকির মধ্যে রয়েছেন।

এনএইচএস সকল বয়সের লোকদের লক্ষ্য করে প্রচারাভিযান চালাচ্ছে এর মধ্যে রয়েছে ডায়াবেটিক রোগি,হৃদরোগি বা যাদের হার্টের রোগ রয়েছে,কিডনি রোগি,ক্রনিক লাঙস রোগি ইত্যাদি।

অন্তসত্বা মহিলা, ২ থেকে ৪ বয়সী বাচ্চাদের অভিভাবকদের ও এই প্রচারাভিযানের লক্ষ্যবস্তু করা হয়েছে।

৬৫ বছরের উর্ধ্বে যাদের বয়স তাদেরকে ফ্রি ভ্যাকসিন দেয়া হবে এ ছাড়াও যারা কেয়ারার হিসাবে বয়স্ক লোকজনদের দেখাশোনা করেন তাদেরকে ও ভ্যাকসিন নিতে হবে।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন, যেসব বাসিন্দারা ঝুকির মধ্যে আছেন তাদের কে ফ্লু জ্যাব নেয়ার জন্যে আমি জোরালো আহ্বান জানাচ্ছি যাতে ঠান্ডার সময়টাতে তারা নিজেদের ব্যাধি থেকে প্রতিরোধ করতে পারেন।"

হেলথ এন্ড এডাল্ট সার্ভিসের কেবিনেট মেম্বার কাউন্সিলর আব্দুল আসাদ বলেন,ফ্লু এমন একটি ভাইরাস যার সম্পর্কে কোন পুর্ব ধারনা থাকে না এবং প্রতি বছর তা পরিবর্তিত হয় এবং তীব্রতর আকার ধারন করে।

বিপুল পরিমান ক্যাশ ও ড্রাগস উদ্ধার যমুনাক্লোজে

বেথনাল গ্রীন পুলিশ স্টেশনে অবস্থিত পুলিশ ও কাউন্সিলের যৌথ উদ্যেগে পরিচালিত পার্টনাশীপের উদ্যেগে মেট্রপলিটান পুলিশের ডগ ইউনিট এক অভিযানের মাধ্যমে বারার লাইমহাউস এলাকার যমুনা ক্লোজ থেকে ২৫০ র‍্যাপ ক্লাস এ ড্রাগস ও ১লক্ষ ২০ হাজার পাউন্ড উদ্ধার করেছে।

সন্দেহভাজন গাড়ি. গ্যারেজ ও বাড়িটিরবেডরুম তল্লাসি করে বিপুল পরিমান ক্যানাবিস ও উপরোক্ত নগদ অর্থ উদ্ধার করা হয়। এ ছাড়াও বেশ কিছু ধারালো অস্ত্র অকুস্থলে পাওয়া গেছে।

The above stories are: man jailed for raping his wife – issue 1030; flu jab for most vulnerable – page 12; drugs and £120,000 cash seized in raid – issue 1030.

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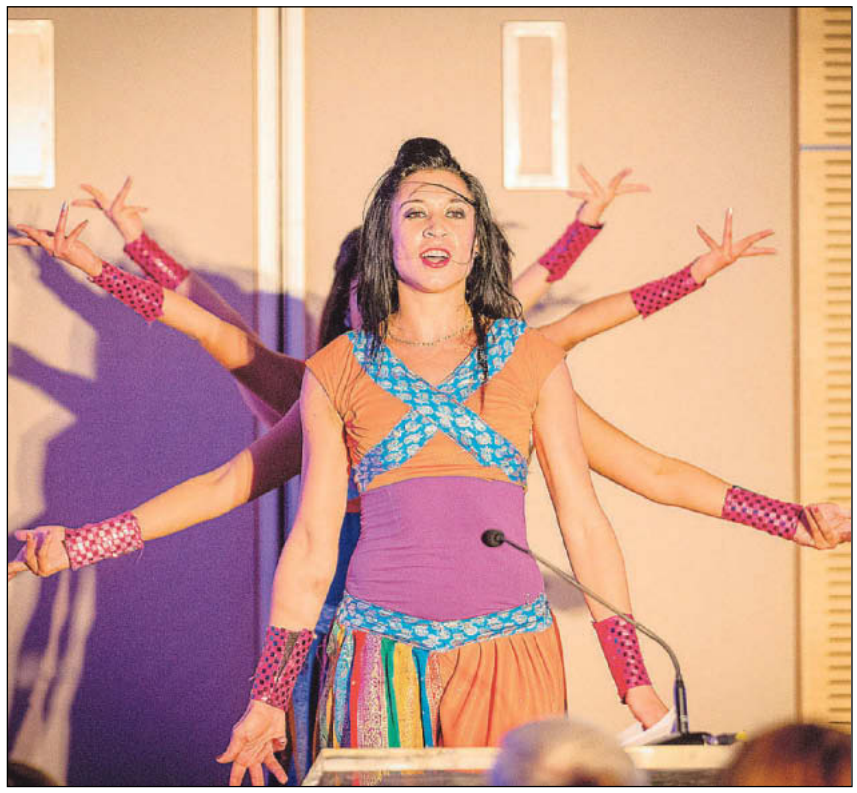
~ INITIAL CONSULTATION FREE ~

Now in its fifth year, Tower Hamlets College student achievement awards ceremony is an opportunity for family, friends and teachers to celebrate students' individual achievements across the college's extensive curriculum.
Report by **Jessica Odubayo**.

'Inspiring, amazing students'

Winners shine at college awards



Dance group Hands-on entertained the audience at the awards ceremony

Katarzyna Tokarska (left) captured in a fun mo

ACADEMIC success was just one of many feats recognised when the work of top performing students at Tower Hamlets College was celebrated at an awards gala evening.

Mentoring support to other students, running social media campaigns, volunteering and working full-time while studying, were some of the attributes highlighted.

This year's ceremony also reflected on an eventful time for the college, which was recognized by inspection body Ofsted as an institution which is 'good with outstanding features'.

Claudia-Liza Armah, a television presenter and reporter, presented the awards alongside college principal Gerry McDonald and Rushanara Ali, MP for Bethnal Green and Bow, who is both a former student and governor of the college.

Speaking at the event, Claudia-Liza

Ameera Khanom, 19, from Bethnal Green, received recognition for excellence in contributing to college life.
As well as volunteering as a student ambassador, Ameera works at local schools, reading to children, and took part in Futureversity, a youth organisation which runs courses and activities to equip young people with skills. The teenager is now studying psychology at Goldsmiths University.

Ashton Fulgence, 24, from the Isle of Dogs, won creative arts student of the year. Currently working at charity Spitalfields Music as a digital marketing apprentice, Ashton helped organise musical events in the borough throughout the year and widened participation through social media campaigns. He gave a presentation to leading media industry professionals as part of his course, impressing the panel with his professionalism and mature attitude.

Lewis Boulcher, 21, was named apprentice of the year.
Lewis works at the National Theatre as a trainee prop maker, beating off more than 50 applicants to land the role. The props appear in top stage shows. He also met the Queen this year during her visit to the National.

Lisa Sayers, 27, from Bow clinched the access student of the year award for her outstanding and dedicated level of commitment to her studies, while working full-time in the evenings and at weekends. She also starred in a TV commercial for the college.

ment with her mum

Winners of the principal's award for outstanding achievement in enterprise with Claudia-Liza Armah and Gerry McDonald

Tashann McGhie (right) celebrates her success with her mum

said: "I have been so impressed and inspired by these young people tonight. I've met some amazing students and it's fantastic to see them receiving recognition for their achievements."

Mr McDonald added: "I am delighted to congratulate all of our award winners on their impressive achievements. They have shown themselves to be a credit to the college and an inspiration to their fellow students."

A total of 29 awards were handed out during the celebration, which was held at the Hilton Hotel in Canary Wharf.

Tower Hamlets College offers education and training to under 19s and adult learners in courses ranging from traditional A Levels to vocational courses in construction.

The college also offers employer and employee training at its dedicated state of the art TowerSkills Training Centre on East India Dock Road. In addition, independent advice and guidance is available from fully trained employment, education, training and careers advisers at the college.

Places are still available on some courses. For details visit **www.tower.ac.uk**

Photos by Michael White Photography and Guy Levy Photography

Nadeem Ahmed Sayeed, 19, from Bow, was named humanities student of the year. The teenager was recognised for his mentoring support to fellow students and also for being selected by the American government to attend a global conference in the US to discuss issues concerning young Muslims. Nadeem was the youngest person selected, with most of the participants already at university.

Rebecca Mitchell, 18, won the young learner of the year award. The Isle of Dogs resident is also an artist in residence at Mudchute City Farm where she produces paintings and drawings and takes care of younger visitors. Rebecca has produced a painting of Cubitt Town Hall, which is displayed in the college library.

Ripa Begum, 26, from Poplar, was named adult learner of the year. The mature student was recognised for her focused attitude, hard work and self-motivation. She was determined to complete her studies after giving birth at Easter and went on to gain high marks and obtain a place at university.

The aspirations student of the year award went to Terry Donnan, 25, who developed his use of sign language and, through his dedication, has become more independent.

Fast forward

The artist KP Brehmer anticipated many of the effects of globalisation.

SEE BELOW

Your memories of the Half Moon

As part of its #LimehouseLandmark season, Half Moon is asking local people to share their memories of its 150-year-old home at 43 White Horse Road in Limehouse.

7709 8908

Out & about guide

Kids

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm.
Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes
Mini-movers, 2-3yrs; leaps and strides I, 4-5yrs; leaps and strides II, 5-6yrs; dash, 7-11yrs. Sat mornings. £44-49.50 per term or £4.50/£5 per term, plus concessions.
Chisenhale Dance Space, 64-84 Chisenhale Road, E3
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre
Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time
Thurs, 2-3 pm.
Watney Market Library, 30-32 Watney Market, E1.
7790 4039

Young & talented?
Performing arts group for 6-to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2.
8556 5348

Parent & child

Dance play
Dance and movement, songs and rhymes for parents/carers and their children aged 1-5 years. Weds, 10.30-11.30am, term-time only. Cost £2 per child (in adv) or £3.50 drop-in rate, discounts available.
Language of Dance Trust, Oxford House, Derbyshire Street, E2.
7749 1131
info@lodc.org

Toyhouse library
Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies
Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling.
07958 645978
www.clareday-yoga.co.uk

Social

Birchfield OAPs club
Mon-Fri, 7-9.30pm; Weds, 1-4pm
50 Saltwell Street, E14.

Golden Ladies
Pensioners group for bingo and social. Weds, 2-4pm.
Isle of Dogs Bowls Club, Millwall Park, E14.
7987 6824

Fern Street Settlement
Fern Street, E3.
7987 1949

What's on where this week

Events

Bengali History Week
Talks, readings and a stand-up comedy show form part of this year's programme about the Bengali history and culture.
Sat, 18-Sun, Oct 26.
www.bricklanecircle.org

Somali Week Festival
As part of Black History Month, Somali arts and culture is being celebrated through poetry, film screenings and more. The week's theme is Imagination and celebrations commence with Imaginative Horizons, chaired by Mohammed Adow, on Fri, Oct 17. Tickets £5.
Oxford House, Derbyshire Street, E2.
7739 9001
www.kayd.org

Exhibitions

Female Voices
Work looking at new modes of interpreting female approaches to painting. Dovile Jakstaite from Lithuania, Anna Pallares from Barcelona and Wendy Pietsch from Argentina contribute. Free.
Until Oct 21. 9am-8pm daily.
504 Gallery, 504 Roman Road, E3.
www.504galleryroom.co.uk

KP Brehmer. Real Capital – Production
First UK solo exhibition of the German artist's work. Earlier pieces are in the Capitalist Realism style, which is often conflated with Pop Art, while the collection also features unseen works. Until Nov 30.
Raven Row, 56 Artillery Lane, E1.
7377 4300

Films

72-82
A William Raban-directed movie capturing the first ten years of Acme – a borough-based charity that provides artists with affordable studio and living space – part of London Film Festival 2014.
Mon, Oct 13. 9pm.
BFI Southbank. Belvedere Road, SE1.
www.acme.org.uk

David Lane's new play, FREE, opens on Wednesday, October 15. The script, about the burgeoning relationship between teenage free-runners, was developed with students from seven schools in Tower Hamlets last year as part of the playhouse's Careers in Theatre programme. It is aimed at young audiences and runs until October 18. Half Moon Theatre, 43 White Horse Road, E1. 7709 8900

Talks

Battle of Ideas Satellite Discussion: Gentrification
Debate looking at effects of gentrification, particularly in east London. Issues include corporate-sponsored 'hipster gentrification' and east London's Tech City. Free, but booking essential.
Tues, Oct 14. 7-8.30pm.
The Nunnery Gallery, 181 Bow Road, E3.
www.battleofideas.org.uk

Theatre

Listen, We're Family
Revival of Jewish comedy by JW3. The production sees actors, listening through headphones, recreate the dialogue of a Jewish family. Ages 12+. £16.50/£12.50.
Tues, Oct 14-25.
Wilton's Music Hall, 1 Graces Alley, E1.
7702 2789
wiltons.org.uk

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E: info@iqrapreschool.com

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The Other Art Fair

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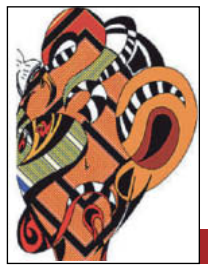
SEE BELOW



Somali arts

A week of poetry, films, music, discussions and theatre at Oxford House.

WWW.KAYD.ORG

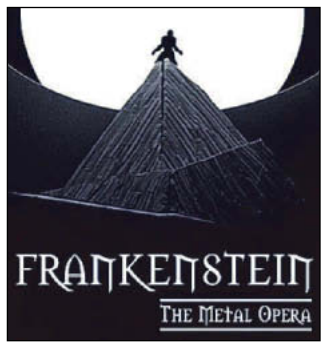
Out & About

A LIVE prog-metal opera based on Frankenstein is likely to prove one of the more leftfield offerings in the borough this Halloween. Influenced by Richard Campbell's concept album of the same name, a full production comes to the stage at The Space on the Isle of Dogs on Tuesday, October 28.

Campbell's score is expected to offer a faithful re-telling of the story, about a man whose diabolical ambition leads him into a life of monstrous torment.

The show's composer/impressario said this adaptation will include "new lyrics, new music and even new characters".

Mary Shelley's classic gothic novel was originally published in 1818 and is considered to be a pioneering work of the horror genre.



This run of performances, at the Westferry Road venue which has Sir Ian McKellen as its patron, is being presented by the Orpheus Studio Productions and The Lansbury Players.

Frankenstein: The Metal Opera runs from October 28 until November 1.

Tickets cost £13/10. E14 residents can claim half-price tickets to all shows at The Space. These can be booked at www.space.org.uk or by calling the box office on 7515 7799.

News in brief

100+ artists at Truman show

THE Other Art Fair returns to the Old Truman Brewery this week for its seventh 'edition'.

It offers visitors the chance to enjoy artwork from more than 100 international artists alongside interactive theatre with non zero one, drinks by Hackney Wick's Crate Brewery and food from the Dirty Burger.

Special guest will be taxidermy artist Polly Morgan, who has created three limited edition prints featuring her signature taxidermy for the fair.

The Other Art Fair runs from Thursday to Sunday, October 16-19 at the Old Truman Brewery, 91 Brick Lane, E1. Tickets cost from £6 in advance, concessions available.

Half-term ideas

THE Ragged School Museum is hosting a free two-day programme aimed at primary school children this half-term.

Activities include arts and crafts, face painting and Halloween-related activities on Wednesday and Thursday, October 29 & 30. Events run from 10am-5pm both days.

The museum, in Copperfield Road, Mile End, also has an under-5s play area along with its Towpath café for parents.

See **www.raggedschoolmuseum.org.uk**

Genesis Halloween

GENESIS cinema has announced a Halloween-themed evening of film, music, theatre, cabaret, art and comedy.

Genfest on Thursday, October 30 will show films including the Danny Boyle-directed Frankenstein and a 30th anniversary edition of Ghostbusters.

Some films are free on the evening, which starts at 7pm.

The Mile End picturehouse also welcomes the East End Gypsy folk band The Wild Rye.

A poetry slam and its regular comedy night, Everything is Overrated Comedy, are among other picks.

Visit **www.genesiscinema.co.uk** or call 7780 2000.

The impact of street art

THE launch of a new book which looks at how street art shapes our urban environment is being celebrated next week at a gallery in Whitechapel.

Concrete Canvas: How Street Art Is Changing the Way Our Cities Look, by Lee Bofkin, includes works by globally respected street artists including Ron English, Daim and Invader.

The book contains 200 photos and includes chapters on topics including the history of Graffiti and Street Art, a Global Breakdown, Techniques, Movements & Themes and Spaces & Surfaces.

This is the first book published by Global Street Art, whose co-founder and chief executive Bofkin said: "Street art and graffiti are both powerful forces for changing the appearance of our cities."

Concrete Canvas: How Street Art Is Changing the Way Our Cities Look, published by Cassell, is out now. The book's launch is being marked with an evening event on Thursday, October 23 at StolenSpace Gallery, 17 Osborn Street, E1.

Festival of Imagination

BY SHALINA HUSSAIN

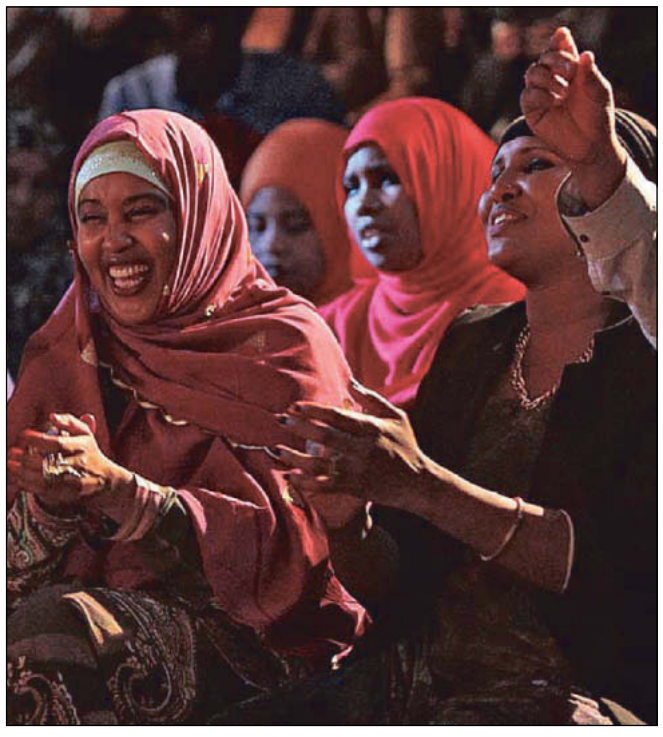
BLACK History Month is in full swing, offering residents and visitors a dynamic programme of culture to enjoy.

Somali Week Festival launches this Friday, October 17 at Oxford House in Bethnal Green and runs until Sunday, October 26.

Organised by Kayd Somali Arts and Culture, in collaboration with Redsea Cultural Foundation, the theme this year is Imagination.

The festival will showcase poetry readings, book launches, panel discussions, documentary film screenings, music and theatre.

It launches with Horizons at 6pm, an event featuring academics and artists Said Samatar, Hussein Abdilahi Bulhan, Ijiaba Suban Scego and Warsan Shire. Collectively they will reflect on the theme of the imagination in relation to their own work, personal and collective struggles, and future hopes and aspirations.



Spectators enjoying last year's festival

A spokesman said: "It will provide a platform to discuss how the Somali communities in the UK and the Horn of Africa have imagined different places and people, their pasts, presents and futures.

"Our hope is that the festival will inspire and encourage young Somalis to expand their horizons, imagine, and aspire to new and greater possibilities than those endured by their parents."

Mayor Lutfur Rahman said: "The festival is an integral part of Black History Month and offers the best of Somali arts and culture, both old and new."

Festival highlights include:

- **Creative play** on Saturday, October 18 at 3pm – a fun and interactive session for children aged 5-10 led by storyteller Saynab Dahir, with face painting, arts and crafts, clowns and more.
- **Comedy from the Horn** on Sunday, October 19 at 6pm featuring performers Prince Abdi, Soran and Jowan and music by Farhia Fiska and Nimco Yasmin.
- **Djibouti Special** on Monday, October 20 at 8pm, with writer and poet Abdullah Haji and popular Somali singer Amina Farah.
- **Music Night** on Friday, October 24 at 6pm featuring singers Amina Farah, Maryam Mursal, Ikran Arale and Farhia Fiska and musicians Said Hussein and Hudaydi.

To view the full programme visit **www.towerhamlets.gov.uk/arts** or **www.kayd.org**

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Morpeth:
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Portman Place, London, E2 0PX

Swanlea:
12th November 2014, 5.00 – 7.00p.m.
31 Brady Street, Whitechapel, London, E1 5DJ

To book your place at one or more of our open evenings...

1) Check the website to see which of our schools offers the subjects you want to study.

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- Morpeth - 020 7791 7350
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You must attend with a parent or guardian aged 18 or over.
Only those who have booked a place will be admitted to our open evenings.

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W: www.cambridgeheath.towerhamlets.sch.uk
E: enquiries@cambridgeheath.towerhamlets.sch.uk

Farm fresh and down your way

Stepney City Farm in Stepney Way is a working farm and rural arts centre. Its café and shop are open to the public, selling produce grown and sold in Stepney – as well as tasty food.

WWW.STEPNEYCITYFARM.ORG

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4061

Eating out, eating in

Tasty, affordable and show-stopping dhal

BY AVARICIOUS ARCHIE

ON Commercial Road, close to the Limehouse DLR, we found Rajistani Spice and Grill.

With bright LED lights and a ceramic waterfall, the restaurant has ample space for diners to stretch out.

We were greeted by a friendly waiter and seated in comfortable, modern surroundings, with the kitchen on view at the far end of the restaurant.

My dining partner was Japanese, unfamiliar with northern Indian cuisine and unaccustomed to spice. Our waiter suggested she try chicken tikka bhuna, a medium spicy dish with sauce.

I ordered from the chef's special menu – an Assam mix which was a marinated, dry curry with mushroom and spinach and flavoured with citrus. We also ordered a naan bread, tarka dhal, pilau and special rice on the side. To accompany our meal we ordered a Pinot Grigio.

When the meal arrived, it looked very good. The Assam mix arrived plated in jade and orange, mild yet well seasoned. The chicken bhuna was tender, succulent and bursting with flavour – my dining partner loved the rich, thick tomato-based sauce.

However it was the tarka dhal, the lentil-based staple, that was the real show-stopper.

Fun, tasty and affordable night out at Rajistani

Perfectly flavoured, it was smoky and bursting with garlic with just enough chilli and bite. The dish was a first for my dining partner and delighted her to the last mouthful.

With the wine, which was over a third of the bill, the meal came to a reasonable £44 and was possibly enough for three. A great meal and good value.

That said, there are more offers for a five course menu on Thursdays and Sundays for just £11.95, lunch menus and free drinks. And, if the quality we found is anything to go by, Rajistani makes for a fun, tasty and affordable night out.

Rajistani is at 663 Commercial Road, E14. Tel: 7001 1001.

Sauce and spice

STEPNEY City Farm is on Stepney Way, in the heart of the borough. It is a working farm, rural arts centre and community meeting place.

We give children and adults a chance to meet farm animals, learn how to grow food and try out arts and crafts.

The farm café and shop is open to the public from 10am to 4pm, Wednesday to Sunday. The farm is open Tuesday to Sunday and is free to visit. See **www.stepneycityfarm.org** for more details.

Joe Fennerty, head chef at the café, will be supplying recipes based on produce grown and sold in Stepney.

"Down at the farm we have had a terrific harvest of green tomatoes and chillies," Joe said.

"This recipe makes the most of this bounty to create a delicious tabletop condiment. Remember the main ingredients can be bought in our farm shop!"

Green tomato chilli sauce

Ingredients

2.5 kg of green tomatoes, halved
200g finely sliced onions
40g grated root ginger
6 cloves finely diced garlic
6 green finely diced chillies
6 bay leaves
1 tbsp ground cloves
1 cinnamon stick, broken in half
1 lime cut into four
100g granulated sugar
160ml white wine vinegar
Salt

Method

1. The day before, place all ingredients (apart from the vinegar and sugar) in a large container and leave in the fridge overnight.

2. The next day, place your chilled ingredients in a large roasting tin and put in a preheated 160C oven. Cook for 3 hours until the tomatoes are soft and have caramelised a little.

3. Remove the bay leaves, cinnamon stick and lime and place the roasted mix into a blender.

4. Blitz until smooth. Pour into a large, heavy bottomed pan. Add the sugar and vinegar and on a low/medium heat bring the mix to a simmer. Cook until the sauce is thick and glossy.

5. Pour the sauce into sterilised jars. These will keep for six months or so. If opened, keep in the fridge and use within a month.

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To book your place or for more information, contact:
business.forum@towerhamlets.gov.uk or **020 7364 4458**

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OCTOBER 2014

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Come along for a chat?

You can join us between 11am and 3pm on:

Tuesday 14 October
John Tucker House, 40 Mellish Street, E14 8NS

Wednesday 22 October
Ruth Court, Medway Road, Bow, E3 5DS

Thursday 30 October
Ted Roberts House, Parmiter Street, E2 9NH

If you would like more information, please call us on 020 8709 4409.

gateway housing association

A Hub for youth projects

A youth programme will be run from Hub 67 that aims to develop young leaders and give them the skills they need to benefit their communities through social action projects.

SEE STORY BELOW

Rebuilding lives

Crisis helps homeless people rebuild their lives through housing, health, education and employment services.

WWW.CRISIS.ORG.UK

Crisis Café celebrates 10 years of feel-good food

MOVIE star and local resident Jonathan Pryce hosted the tenth anniversary party at the Crisis Café in Spitalfields.

Since opening in 2004, the charity's trainee scheme has helped more than 200 homeless people and ex-offenders find work.

It was recently nominated in the inaugural Urban Food Awards, which recognise the capital's best small food enterprises.

The celebration also gave local residents and businesses the chance to see the recently refurbished café's bright new look, while sampling some of the items from its updated menu.

The café offers outside catering and specials, including 'kids go free Fridays' this month.

Jon Sparkes, chief executive of Crisis, said: "The café is a real success story. People come here knowing they'll get food that makes them feel good – a great, tasty meal along with the chance to help someone make a fresh start."

The café is at 64 Commercial Street, E1 and is open Monday to Friday, 8am- 3pm.

Jonathan Pryce cuts the cake at the Crisis Café

One of the cabins ready to be craned into place

Cabins reborn as a community centre

Wooden boxes were used by media at London 2012

BY JESSICA ODUBAYO

A NEW community centre, made from recycled cabins used by the media at the London 2012 Games, has been craned into place on Fish Island, Bow.

Called Hub 67, it will be run with and for the community, and people in the area are being invited to suggest the activities they would like to see taking place.

They could include stay and play sessions for young children, as well as fitness, sport and art activities – making use of facilities at the nearby Queen Elizabeth Olympic Park. Sessions offering career advice, employment skills, mentoring, up-cycling and life coaching are also options.

Residents have been involved in the development of the centre and are being invited to help design and make the artwork for the facade of the building and the central chandelier that will hang in its main hall.

A youth programme will be run from Hub 67 and the Olympic Legacy Corporation is also working with carpentry apprentices who will make furniture for the centre.

Dennis Hone, chief executive of London Legacy Development Corporation, said: "Local people have always been at the heart of our plans and we are delighted this new community space is taking shape.

"We want Hub 67 to be a legacy for the community."

Weekly drop-in workshop sessions are being held on Thursday, October 30, from 6-8pm and on November 6, from 6-8pm, at Kings Yard Energy Centre, Queen Elizabeth Olympic Park.

Visit **www.hubsixtyseven.com** for dates and times, to suggest an idea or activity for the Hub or for further information.

News in brief

1,000th resident in athletes' village

A DIGITAL marketer from Bow was welcomed as the 1,000th resident at the former London 2012 athletes' village, East Village.

Christin Ebder said the E20 area had "a different vibe" to other parts of London.

She added: "Knowing that all of the homes were built, brand new for the Olympic athletes really appealed to me."

Derek Gorman, chief executive of Get Living London, the rental management company for East Village, said: "Our 1,000th resident is a fantastic milestone for East Village."

Insulate yourself against rising bills

HOUSEHOLDERS could be saving hundreds of pounds a year by installing insulation in their homes.

According to the National Insulation Association around 60 per cent of the heat in a home can be lost through uninsulated walls and roofs.

An estimated £460 each year can be saved on fuel bills by installing solid wall insulation and £250 per year from cavity wall insulation.

Loft insulation can also save up to £250 per year and draught-proofing windows and doors can save between £35 and £50.

For more information visit the association's website **www.nia-uk.org** or call 08451 636363.

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You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউসিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অংশ নিতে পারবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

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Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ ان گھروں کے لئے صرف اسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِ غور ہے۔ براہِ کرم ان میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet **'Support Charges in long term Supporting People Services'**. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

Housing Demand

Demand by bedroom need and Banding as at 01/10/2014

Bedroom(s) needed	Band 1A	Band 1B	Band 2	Band 3	Total
1 bed	665	233	1,688	6,218	**8,804**
2 bed	518	87	1,984	1,767	**4,356**
3 bed	218	115	3,729	911	**4,973**
4 bed	92	79	1,255	107	**1,533**
5 bed +	17	3	150	12	**182**
Total Current Demand	**1,510**	**517**	**8,806**	**9,015**	**19,848**
Total Lets 01/04/2014 to 30/09/2014	**167**	**198**	**459**	**90**	**914**

Homes Let from 01/04/2014 to 30/09/2014

Bedroom size	Band 1A	Band 1B	Band 2	Band 3	Total
(Bedsit) 0	0	9	27	4	**40**
1	68	131	94	53	**346**
2	51	28	217	28	**324**
3	32	23	98	5	**158**
4	16	7	7	0	**30**
5	0	0	15	0	**15**
6	0	0	1	0	**1**
7	0	0	0	0	**0**
Total	**167**	**198**	**459**	**90**	**914**

Landlord and property type of homes let

Landlord	Bungalow	Flat	House	Maisonette	Total
COUNCIL	1	195	14	37	**247**
RSL (Registered Social Landlord)	2	523	31	111	**667**
Total	**3**	**718**	**45**	**148**	**914**

Floor level of homes let

Basement	Ground	1st	2nd to 4th	5th to 10th	11+	Total
4	**242**	**143**	**372**	**121**	**32**	**914**

Applicants Currently Waiting (years)

The table below shows the length of time applicants are currently waiting on the Housing list. However, it is NOT an indicator of how long applicants can wait for rehousing.

Bedroom(s) required	1 bed	2 bed	3 bed	4 bed	5 bed +	Total
Up to 1 Year	1,980	1,127	730	131	14	**3,982**
2 Years	1,392	875	674	114	19	**3,074**
3 Years	1,134	490	626	135	19	**2,404**
4 Years	979	432	553	158	17	**2,139**
5 Years	744	291	469	158	19	**1,681**
6 Years	627	207	417	101	15	**1,367**
7 Years	433	182	357	114	16	**1,102**
8 Years	419	174	283	132	13	**1,021**
9 Years	310	102	218	113	16	**759**
10 Years	213	104	158	82	10	**567**
11 Years	141	62	126	84	6	**419**
12 Years +	432	309	362	212	18	**1,333**
Total	**8,804**	**4,355**	**4,973**	**1,534**	**182**	**19,848**

TOWER HAMLETS HOUSING LIST

INFORMATION ON HOUSING DEMAND AND LETS

The way we decide housing priority changed on the 20th April 2013.

Please see the Allocations Scheme document for details.

www.thhs.org.uk

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category E
EDITH RAMSAY HOUSE, DUCKETT STREET, E1
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£169.37, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 30778

SHELTERED
Accessible Category E
APPIAN COURT, PARNELL ROAD, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£172.08, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 30779

OVER 50's
Accessible Category F
BURCHAM STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 50

£132.41, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30766

OVER 50's
Accessible Category F
BALLIN COURT, STEWART STREET, E14
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

Eligibility : Min Client Age 50

£145.37, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30795

OVER 50's
Accessible Category G
TEVIOT STREET, E14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 50

£115.50, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30780

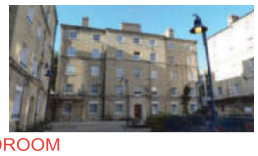
OVER 50's
Accessible Category F
HARDWICKE HOUSE, BOW ROAD, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) • GCH • Private garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

Eligibility : Min Client Age 50

£135.12, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30793



1 BEDROOM
Accessible Category F
PEABODY BUILDINGS BLOCK L, JOHN FISHER STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required at sign up of tenancy

£121.43, Weekly - Social Rent
Landlord: Peabody

Property Ref: 30788

1 BEDROOM
Accessible Category F
MERMAID HOUSE, BAZELY STREET, E14
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£105.64, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30798

1 BEDROOM
Accessible Category G
KILDARE WALK, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Wet room (walk in shower) • GCH • Shared garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£123.53, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30772

1 BEDROOM
Accessible Category D
WESTWOOD HOUSE, MILLHARBOUR, E14
Flat • 1 Bed 1 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric radiators • No garden • Pets not permitted

£126.07, Weekly - Social Rent
Landlord: Guinness South

Property Ref: 30806

1 BEDROOM
Accessible Category D
MILLHARBOUR, E14

Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Car free home • Pets not permitted One week's advance rent required at sign up of tenancy

£126.79, Weekly - Social Rent
Landlord: Gallions Housing Association

Property Ref: 30787

1 BEDROOM
Accessible Category F
BUTLER HOUSE, BACTON STREET, E2

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£106.06, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30768

1 BEDROOM
Accessible Category F
COLVILLE HOUSE, WATERLOO GARDENS, E2
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£113.27, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30804

1 BEDROOM
Accessible Category F
FOXLEY HOUSE, BOW ROAD, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£118.11, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30781

1 BEDROOM
Accessible Category F
HENSHALL POINT, BROMLEY HIGH STREET, E3
Flat • 1 Bed 2 Person • 9th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£126.09, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30799

1 BEDROOM
Accessible Category F
BISCOTT HOUSE, DEVAS STREET, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£121.88, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30792

2 BEDROOMS
Accessible Category F
CLOVELLY WAY, E1

Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£154.01, Weekly - Social Rent
Landlord: Swan Housing Association

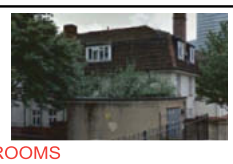
Property Ref: 30777

2 BEDROOMS
Accessible Category F
SIEGE HOUSE, SIDNEY STREET, E1

Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted

£124.67, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30790



2 BEDROOMS
Accessible Category G
GOODWILL HOUSE, SIMPSONS ROAD, E14
Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Off street parking • Pets not permitted

£106.02, Weekly - Social Rent
Landlord: Arhag HA

Property Ref: 30774

2 BEDROOMS
Accessible Category F
GALLEON HOUSE, GLENGARNOCK AVENUE, E14
Maisonette • 2 Bed 3 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£134.90, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 30782

2 BEDROOMS
Accessible Category G
KELSON HOUSE, STEWART STREET, E14
Maisonette • 2 Bed 3 Person • 4th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£164.37, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30796

2 BEDROOMS
Accessible Category G
KELSON HOUSE, STEWART STREET, E14
Maisonette • 2 Bed 3 Person • 8th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£164.37, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30797

2 BEDROOMS
Accessible Category F
ASH HOUSE, EAST FERRY ROAD, E14

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or Assured social housing tenancy

£166.29, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 30808

2 BEDROOMS
Accessible Category G
SALISBURY HOUSE, HOBDAY STREET, E14
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£141.27, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30801

2 BEDROOMS
Accessible Category F
BUSBRIDGE HOUSE, BRABAZON STREET, E14
Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£141.15, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30802

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category G
BRABAZON STREET, E14

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£0.00, Rent to be advised
Landlord: Poplar HARCA

Property Ref: 30805

2 BEDROOMS
Accessible Category F
CHARLES DICKENS HOUSE, MANSFORD STREET, E2
Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets not permitted . Children must be 10 years and over . Concierge . Heating included in charges

£166.68, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 30794

2 BEDROOMS
Accessible Category F
MULBERRY HOUSE, VICTORIA PARK SQUARE, E2
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£128.40, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30803

2 BEDROOMS
Accessible Category F
HUGGINS HOUSE, ALFRED STREET, E3
Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£126.53, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30800

2 BEDROOMS
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3
Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets with landlords permission . Children must be 10 years and over

£142.21, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 30765

3 BEDROOMS
Accessible Category F
OVERSTONE HOUSE, EAST INDIA DOCK ROAD, E14
Flat • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£155.94, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30773

3 BEDROOMS
Accessible Category D
ENDEAVOUR HOUSE, CUBA STREET, E14
Flat • 3 Bed 5 Person • 1st floor • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£211.49, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 30776

3 BEDROOMS
Accessible Category F
ROGERS ESTATE, GLOBE ROAD, E2

Flat • 3 Bed 5 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£139.43, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30789

3 BEDROOMS
Accessible Category F
PORTMAN PLACE, E2

Maisonette • 3 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£135.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 30769

3 BEDROOMS
Accessible Category F
KNAPP ROAD, E3

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets with landlords permission • Stairlift,Ramp to front door . One week's advance rent required at sign up of tenancy

£152.59, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 30791

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

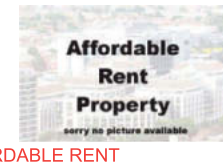
You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category F
EPPING CLOSE, E14

Flat • 1 Bed 2 Person • 6th floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One month's advance rent, 1 month's deposit & £130 non refundable admin charge required at sign up of tenancy

£191.42, Weekly - Affordable Rent
Landlord: Southern Housing Group

Property Ref: 30770

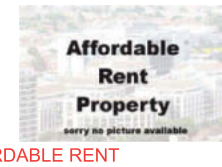


AFFORDABLE RENT
Accessible Category D
USHER ROAD, E3

House • 5 Bed 7 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • Check heating on viewing • Private garden • Check parking on viewing • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£283.59, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 30784

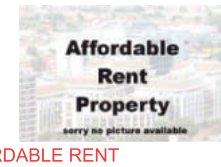


AFFORDABLE RENT
Accessible Category D
USHER ROAD, E3

House • 3 Bed 5 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • Check heating on viewing • Private garden • Check parking on viewing • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£239.24, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 30785



AFFORDABLE RENT
Accessible Category D
USHER ROAD, E3

House • 3 Bed 5 Person • Ground Floor • New build • Separate kitchen • No Lift • Bathroom with W/C • Check heating on viewing • Private garden • Check parking on viewing • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£239.24, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 30786

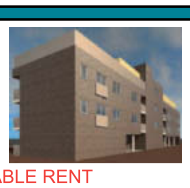
AFFORDABLE RENT
Accessible Category G
ARMAGH ROAD, E3

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility : Min Client Age 50

£155.66, Weekly - Affordable Rent
Landlord: OLD FORD HA

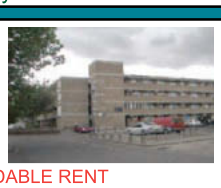
Property Ref: 30775



AFFORDABLE RENT
Accessible Category C
BELLISINA COURT, FAIRFIELD ROAD, E3
Flat • 2 Bed 3 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£205.65, Weekly - Affordable Rent
Landlord: Metropolitan Homes HA

Property Ref: 30783



AFFORDABLE RENT
Accessible Category F
JOSSILINE COURT, FORD ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility : Min Client Age 50

£170.80, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 30807

AFFORDABLE RENT
Accessible Category G
CLARE HOUSE, HAWTHORN AVENUE, E3
Flat • 2 Bed 4 Person • 15th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£233.61, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 30767

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes.
This causes a nuisance and may distress some individuals.

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the property management company

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EMAIL: INFO@HAMLETTS.COM
TEL: 020 8980 3377 FAX: 020 8980 9434

*Terms and conditions apply

Have you got a Head for Heights?
Interested in Abseiling?
Want to turn a hobby into a career?

Skillsmatch
INNOVATION IN JOB BROKERAGE

Are you:

- **Tower Hamlets resident?**
- **Aged over 18?**
- **Physically Fit?***

*The training and future job opportunities will require physical activity such as climbing ladders and carrying heavy materials.

Skillsmatch are offering **FREE Accredited** training leading to job opportunities in Construction / Exterior Facade Cleaning and Maintenance, all jobs would be "Working at Heights".

Accredited training includes:

- Abseiling (IRATA)
- Towers / Ladders
- Window cleaning
- COTS (Scaffolding awareness)
- Asbestos Awareness

Skillsmatch offer a free service to candidates and contractors. We also offer a wide range of training opportunities to help Tower Hamlets residents to access employment.

If you are interested and would like more information please contact: Skillsmatch on **020 7364 0626** or email: **constructiondesk@towerhamlets.gov.uk** **by 12pm on Wednesday 5th November 2014.**

TOWER HAMLETS

MAYOR OF TOWER HAMLETS

ARE YOU LOOKING FOR WORK IN THE SECURITY INDUSTRY? DO YOU NEED A SIA LICENCE?

Our employers are looking for male and female Corporate Security staff

Skillsmatch are delivering an accredited SIA programme working towards a full SIA Licence and providing links to leading security employers across London.

The Security industry has changed and now requires both men and women who can provide excellent customer care whilst maintaining the security of the office, retail, building site or premises within their responsibility. We have vacancies for corporate clients who would be particularly interested in employing women, whilst always holding opportunities for males. If you are a strong communicator with the ability to work full time on a shift rota including evenings and weekends please call us to find out more.

To be considered for a place on the course, you must be able to fulfil the following requirements:

- A resident of Tower Hamlets
- Over 18
- Able to provide a full 5 year checkable work history including all dates of employment, unemployment, education and training
- Be able to provide a full 5 year checkable address history
- Be able to provide 2 references
- Be able to complete an enhanced DBS check

Telephone 020 7364 0626 quoting Ref: SIA 1014

Skillsmatch
INNOVATION IN JOB BROKERAGE

TOWER HAMLETS

MAYOR OF TOWER HAMLETS

JAGONARI
Women's Educational Resource Centre

183-185 Whitechapel Road, London E1 1DN
jagonari.information@gmail.com
T: 020 7375 0520 F: 020 7247 0937

MATERNITY POSITION

We are seeking to appoint an enthusiastic and creative person with excellent supervisory skills to support the running of our nursery. This is an exciting opportunity to join our team.

Post: Play Leader
Criteria: Must have level 3or above qualification in Childcare and Education, NVQ or NNEB, with three year's paid experience.
Salary: £10ph
Hours: 20 hours per week (Mon. – Fri. 12:45 – 4.45pm)
Duration: Until July 2016

Closing date for applications Friday 31st October 2014

If you are interested, please contact Mary Joseph on 020 7375 0520 for an application pack or further information.

These posts are based in a women's organisation and are therefore restricted to women under the Equality Act 2010 (Occupational Requirement Equality Act 2010 applies). An enhanced criminal records bureau disclosure will be required for this role.

PERSONAL ASSISTANT/ COOK REQUIRED

Tower Hamlets

To support an independent woman with a health condition by preparing and cooking meals, providing nutritional needs plus maintaining kitchen hygiene.

Must be interested and experienced in supporting her with a healthy organic diet and actively enjoy being around cats.

£8.55 per hour for 11.25 hours per week (job share may be possible) up to 2 hours each evening with some flexibility around daytime and weekend availability.

You can download the application pack from **www.real.org.uk/MB004** or write to **Ref. MB004**, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ

Closing date: 5pm Monday 27th October 2014
Interviews: To be arranged

You could advertise here for as little as £72 + VAT?

Smart Training

Boost your employment chances with a training course

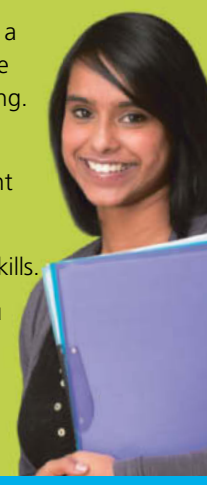
Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships



Interested? Apply now – text SMART to 80800, email start@smart-training.com, phone 0845 177 0695 or see www.smart-training.com/jobsandadvice

To advertise in East End Life, call...

Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

TOWER HAMLETS Community Housing THCH

Tower Hamlets Community Housing (THCH) is a medium sized housing association with an excellent track record of refurbishing estates and improving services operating exclusively in Tower Hamlets. Formed in 2000, we currently manage over 3,000 homes of which 1100 are leasehold.

We have a vacancy for an Apprentice Handyperson, based at our Shadwell Office.

Apprentice Handyperson

Duration: 1 year fixed term contract
Salary: National Minimum Wage
Hours: 35 per week (8:00pm to 4:00pm) including 1 day study
Qualification: Level 2 NVQ & Diploma in Fitted Interiors (Construction)

THCH are looking to train an apprentice handyperson through a programme of work and college based training, to work at our various sites providing a maintenance service for our tenants. You will, have a keen interest to develop your multi-trade skills, the ability to use computers and be an effective communicator.

Ideally you will have a Level 1 or equivalent qualification in general building skills, or demonstrate experience of basic DIY. You should also have good time management skills, the ability to problem solve and a commitment to training.

If you are interested in this position please download an application pack at www.thch.org.uk/jobs or telephone 020 7780 3070 to request a pack by post.

The closing date for the receipt of applications at 285 Commercial Road, Stepney, London E1 2PS is 12 noon on Friday 24th October 2014.

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – STEWARD STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will continue in force to prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Steward Street between its junction with Brushfield Street and its junction with Artillery Lane.

The restriction on vehicular traffic will enable sewer connection and safe installing of cladding panels to be carried out on the public highway by Balfour Beatty.

The alternative routes for vehicular traffic will be via Steward Street, Artillery Lane, Gun Street and Brushfield Street or Steward Street, Artillery Lane, Crispin Street and Brushfield Street.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Steward Street between its junction with Artillery Lane and its junction with Brushfield Street will be temporarily suspended.

The restriction on vehicular traffic will continue to operate from Monday 20th October 2014 to Friday 21st November 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 13th October 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

INITIAL DEMOLITION NOTICE
"Initial Notice"
Section 138A and Schedule 5A of the Housing Act 1985 as amended

THIS NOTICE IS GIVEN by Poplar HARCA Limited of 167a East India Dock Road, London E14 0EA ("the Registered Provider").

The Registered Provider is required by Schedule 5A of the Housing Act 1985 as amended ("the Act") to publish the following information:

Intention to Demolish
The Registered Provider intends to demolish the following properties (the "Relevant Premises"), which includes the dwelling-house which you occupy:

- 1-16 Heather House, Dee Street, Poplar, London E14 0PE
- 1-18 Tartan House, Dee Street, Poplar, London E14 0PF
- 1-16 Thistle House, Dee Street, Poplar, London E14 0PD
- 57-79 (odds) Jura House, Aberfeldy Street, Poplar, London E14 0QB
- 1-30 Blairgowrie Court, Blair Street, Poplar, London E14 0BD

Reason for Demolition
Demolition of the Relevant Premises is necessary for a major redevelopment scheme to regenerate the area. This is known as the Aberfeldy Village Regeneration project which has recently obtained planning consent to demolish 297 existing dwellings and to provide up to 1,176 new homes on the Aberfeldy Estate. In addition, the regeneration will deliver 11,231 m2 of high quality public open space and public realm, 1743m2 of new retail space, 826m2 of new community and faith space, 960m2 of new space for health facilities.

Demolition Period
The Registered Provider intends to demolish the Relevant Premises by 21 October 2021 being no more than seven years after the date of service of this Notice and being a reasonable period within which to carry out the proposed demolition.

Date by which the initial Demolition Notice shall no longer have effect
This Notice will cease to be in force on 21 October 2021 unless previously revoked under the provisions of Paragraph 3 Schedule 5A of the Act or otherwise terminated.

Effect of the Initial Demolition Notice
Whilst this Notice remains in force the Registered Provider will not be under any obligation to make such a grant as is mentioned in Section 138(1) of the Act in respect of any claim made by you to exercise the Right-to-Buy or Right-to-Acquire in respect of any of the Relevant Premises.

This Notice does not prevent:-

(i) you from making a claim to exercise the Right-to-Buy or Right-to-Acquire
(ii) you taking such steps pursuant to Part V of the Act in connection with any such claim up to the point of operation of Section 138 (1) of the Act
(iii) the operation of Section 138 (1) of the Act in most circumstances when this Notice ceases to be in force but

If the Registered Provider subsequently serves a Final Demolition Notice in respect of the Relevant Premises, the Right-to-Buy and Right-to-Acquire will not arise in respect of the Relevant Premises while that Notice is in force and any existing claim will cease to be effective.

The suspension of the Right-to-Buy and Right-to-Acquire will not affect valid applications made before 18th January 2005.

Right to Compensation
You may have a right to compensation under Section 138C of the Act in respect of certain expenditure incurred if at the time when this Notice is served on you there is already an existing claim to exercise the Right-to-Buy or Right-to-Acquire in respect of your property. In such circumstances if within the period of three months beginning with the date when the Initial Notice comes into force ("the Operative Date") you serve on the Registered Provider a written notice claiming an amount of compensation, the Registered Provider shall pay that amount to you.

Compensation is in respect of expenditure reasonably incurred by you before the Operative Date in respect of legal and other fees and other professional costs and expenses payable in connection with the exercise by you of the Right-to-Buy or Right-to-Acquire.

Your claim must be accompanied by original receipts or other documents showing that you have incurred the expenditure in question.

The Operative Date of this notice is 21 October 2014 being the date a copy of this notice was served on the tenants of the Relevant Premises.

Further information about this Notice is obtainable from Poplar HARCA on 0800 035 1991 or at 167a East India Dock Road, E14 0EA or at info@poplarharca.co.uk.

Signed

Andrea Baker,
Director of Housing

Dated:
21 October 2014

POPLAR HARCA
Making Poplar a better place to live

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – PIXLEY STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Pixley Street between its junction with Burdett Road and its junction with Copenhagen Place.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Cobra Traffic Management.

The alternative route for vehicular traffic will be via Burdett Road, Agnes Street and Copenhagen Place and vice versa.

The restriction on vehicular traffic will operate on Wednesday 22nd October 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 13th October 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CHRISTIAN STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Christian Street for a distance of approximately 50 metres between its junction with Cable Street and its junction with Pinchin Street.

The restriction on vehicular traffic will enable essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management.

The alternative routes for vehicular will be via Cable Street, Back Church Lane, Pinchin Street and Christian Street or Christian Street, Burslem Street, Cannon Street Road and Cable Street.

The restriction on vehicular traffic will operate from Monday 20th October 2014 at 22:00 hours until Tuesday 21st October 2014 at 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 13th October 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY BANNED TURN OF TRAFFIC – SIDNEY STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit or ban vehicular traffic from turning left into the first left lane in Sidney Street from its junction with Mile End Road.

The restrictions on vehicular traffic will enable essential works to be carried out on the public highway by Cappagh Browne on behalf of Thames Water.

The alternative routes to vehicular traffic will be via Whitechapel Road, New Road, Commercial Road and Sidney Street and vice versa.

The restriction on vehicular traffic will operate for two weekends on the following dates at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

- Sunday 2nd November 2014 from 08:00 hours until 18:00 hours;
- Sunday 9th November 2014 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email mick.jameson@towerhamlets.gov.uk

Dated: 13th October 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – VALLANCE ROAD E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Vallance Road for a distance of approximately 40 metres between its junction with Pedley Street and its junction with Selby Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Cappagh Browne on behalf of Thames Water.

The alternative route for vehicular traffic will be via Dunbridge Street, Hemming Street, Selby Street and Vallance Road and vice versa.

The restriction on vehicular traffic will operate from Tuesday 21st October 2014 to Saturday 25th October 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 13th October 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS HEREBY GIVEN THAT Mr Muhammed Mukith Ullah has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licencing Act 2003.

Premises: Olives & Figs, 14 Artillery Passage, Spitalfields, London E1 7LJ.

The Licensable timings and activities are the sale of alcohol Monday to Saturday 1100 to 2200, Sunday 1200 to 2100.

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG, website: www.towerhamlets.gov.uk, Telephone: 020 7364 5008.

Representations must be received no later than 03/11/2014.

The application record and Register may be viewed between 10.00am and 4.00pm Monday to Saturday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003 knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

INITIAL DEMOLITION NOTICE
"Initial Notice"
Section 138A and Schedule 5A of the Housing Act 1985 as amended

THIS NOTICE IS GIVEN by Poplar HARCA Limited of 167a East India Dock Road, London E14 0EA ("the Registered Provider").

The Registered Provider is required by Schedule 5A of the Housing Act 1985 as amended ("the Act") to publish the following information:

Intention to Demolish
The Registered Provider intends to demolish the following properties (the "Relevant Premises"), which includes the dwelling-house which you occupy:

- 1-12- Jolles House, Bromley High Street, Bow, London E3 3BJ

Reason for Demolition
Demolition of the Relevant Premises is necessary as it forms an important part of the regeneration of the wider local estate. The wider scheme includes 130 new homes, 406m2 of new retail space, remodeling of roads and investment in local infrastructure. This part of the scheme will involve the demolition of the twelve flats at Jolles House and includes the adjacent parking spaces to be replaced with 65 new homes.

Demolition Period
The Registered Provider intends to demolish the Relevant Premises by 21 October 2021 being no more than seven years after the date of service of this Notice and being a reasonable period within which to carry out the proposed demolition.

Date by which the initial Demolition Notice shall no longer have effect
This Notice will cease to be in force on 21 October 2021 unless previously revoked under the provisions of Paragraph 3 Schedule 5A of the Act or otherwise terminated.

Effect of the Initial Demolition Notice
Whilst this Notice remains in force the Registered Provider will not be under any obligation to make such a grant as is mentioned in Section 138(1) of the Act in respect of any claim made by you to exercise the Right-to-Buy or Right-to-Acquire in respect of any of the Relevant Premises.

This Notice does not prevent:-

(i) you from making a claim to exercise the Right-to-Buy or Right-to-Acquire
(ii) you taking such steps pursuant to Part V of the Act in connection with any such claim up to the point of operation of Section 138 (1) of the Act
(iii) the operation of Section 138 (1) of the Act in most circumstances when this Notice ceases to be in force but

If the Registered Provider subsequently serves a Final Demolition Notice in respect of the Relevant Premises, the Right-to-Buy and Right-to-Acquire will not arise in respect of the Relevant Premises while that Notice is in force and any existing claim will cease to be effective.

The suspension of the Right-to-Buy and Right-to-Acquire will not affect valid applications made before 18th January 2005.

Right to Compensation
You may have a right to compensation under Section 138C of the Act in respect of certain expenditure incurred if at the time when this Notice is served on you there is already an existing claim to exercise the Right-to-Buy or Right-to-Acquire in respect of your property.

In such circumstances if within the period of three months beginning with the date when the Initial Notice comes into force ("the Operative Date") you serve on the Registered Provider a written notice claiming an amount of compensation, the Registered Provider shall pay that amount to you.

Compensation is in respect of expenditure reasonably incurred by you before the Operative Date in respect of legal and other fees and other professional costs and expenses payable in connection with the exercise by you of the Right-to-Buy or Right-to-Acquire.

Your claim must be accompanied by original receipts or other documents showing that you have incurred the expenditure in question.

The Operative Date of this notice is 21 October 2014 being the date a copy of this notice was served on the tenants of the Relevant Premises.

Further information about this Notice is obtainable from Poplar HARCA on 0800 035 1991 or at
167a East India
Dock Road, E14 0EA or at
info@poplarharca.co.uk.

Signed

Andrea Baker,
Director of Housing

Dated:
21 October 2014

POPLAR HARCA
Making Poplar a better place to live

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Bath House, 25 Dunbridge Street, London, E2 6JD — **PA/14/2639 & 2640/AHU**
Retention of two cycle racks. (Concurrent application for listed building consent: PA/14/02640)

Bath House, 25 Dunbridge Street, London, E2 6JD — **PA/14/2641 & 2642/AHU**
Retention of existing refuse store. (Concurrent application for listed building consent: PA/14/02642)

Flat 5, Aberdeen Wharf, 94 Wapping High Street, London, E1W 2ND — **PA/14/2625/ADW**
Like-for-like replacement of one Crittall style window at first floor level on the west elevation

81 Redchurch Street, London, E2 7DJ — **PA/14/2627/AHU**
Installation of signage around ground floor entrance door

61- 65A Brushfield Street, London, E1 6AA — **PA/14/2172/KHA**
Installation of seven window canopies

453 Mile End Road, London, E3 4PA — **PA/14/2638/PLA**
Repair work to front and rear elevations consisting of hydraulic lime mortar re-pointing, and repairing window frames and painting of existing timber windows and stonework.

54 Redchurch Street, London, E2 7DP — **PA/14/2002/KHA**
New roof extension and modifications to existing residential unit.

208 Jubilee Street, London, E1 3BP — **PA/14/2629/KHA**
New extension to the rear of the property to enlarge the kitchen, living spaces and provide more suitable bathroom provision. Alterations to the ground and lower ground floor layouts. New metal grill to replace failing pavement lights over pavement vault

Flat 6, 105 Wapping Lane, London, E1W 2RR — **PA/14/2600/KHA**
Installation of additional external windows screens to match existing changes to external flue & extract outlet positions

65A Brushfield Street, London, E1 6AA — **PA/14/2569 & 2571/KHA**
Replacement of windows in north, south and west elevations. Replacement door to west elevation and new doors to north elevation.
Internal alterations. One externally illuminated hanging sign and two internally illuminated menu signs

65A Brushfield Street, London, E1 6AA — **PA/14/2570/KHA**
Advertisement consent sought for one externally illuminated hanging sign and two internally illuminated menu signs.

24 Mount Terrace, London, E1 2BB — **PA/14/2633/ADH**
Internal alterations to provide bathrooms at basement and ground floor, two at first floor and two at second floor. Kitchen to be installed at basement level.

43 Morgan Street, London, E3 5AA — **PA/14/2574/MCH**
Replacement walk in Chiller, reposition of external condenser units and removal of extract fans

Former Queen Elizabeth Hospital, Hackney Road, London — **PA/14/2558/LAB**
Display of a temporary advertisement hoarding for construction works

327 Commercial Road, London, E1 2PS — **PA/14/2512/AHU**
Application for variation of Condition no. 3 (Opening Hours for Retail Shop) of planning permission dated 10/09/2009, ref: PA/09/01146. It is proposed to change the opening hours from:

- 08:00 to 23:00 hours, Monday to Saturday
- 10:00 to 22:00 hours, Sunday to:

07:00 to 23:00 hours, Monday to Sunday and on Bank Holidays

47 Wentworth Street, London, E1 7TD — **PA/14/2610/BEE**
Erection of first floor extension and conversion of storage unit into two bedroom one person dwelling.

7-9 Old Nichol Street and 17-19 Club Row, London, E2 — **PA/14/2602/ADW**
Change of Use of existing building from Use Class B2 to a Sui Generis use as a creative studio, gallery, exhibition and events space with ancillary office, retail and cafe facilities.

55 Wentworth Street, London, E1 7TD — **PA/14/2609/BEE**
Erection of first floor extension and conversion of storage unit into two bedroom one person dwelling.

Aldgate Hostel, 7 Dock Street, London, E1 8LL — **PA/14/2622/BEE**
Advertisement Consent sought for name signage for occupying tenant, Wombats Hostel, - Free-standing illuminated sign to be sat on existing projecting canopy to front of building.

90B Mile End Road, London, E1 4UN — **PA/14/02452**
Change of use to Community Office

Flat B, University House, 16 Victoria Park Square, London, E2 9PE — **PA/14/02486 & 2487/LAB**
Removal of internal late 20th century plasterboard stud partition walls to bathroom, hall and living rooms with replacement stud partitions to create enlarged bathroom.

Old Poplar Baths, 170 East India Dock Road, London, E14 0EH — **PA/14/2592/KH**
Internal and external alterations and refurbishment to Poplar Baths building including demolition of chimney and associated ancillary works.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

11 Aberavon Road, London, E3 5AR — **PA/14/2581/LAB**
Replacement patio doors and part of roof in existing extension.

53 Senrab Street, London, E1 0QF — **PA/14/2616/MCH**
Demolition of the existing rear ground floor kitchen and the bedroom above and the erection of a new story rear extension

7 Narrow Street, London, E14 8DP — **PA/14/2582/PLA**
Demolition of the existing pitched roof to create a single storey sun room and a roof terrace at 3rd floor level. Installation of a new staircase and 1700mm frosted glass screens.

44 Brokesley Street, London, E3 4QJ — **PA/14/2579/BMC**
Erection of mansard roof extension to create additional floor

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 13th October 2014

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – UPPER NORTH STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Upper North Street between its junction with Cordelia Street and its junction with Ricardo Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by City Lifting.

The alternative routes for vehicular traffic will be via East India Dock Road, Chrisp Street and Cordelia Street or Lindfield Street, Stainsby Road, Upper North Street (northbound), Thomas Road, Burdett Road (southbound) and East India Dock Road.

The restriction on vehicular traffic will operate on Saturday 25th October 2014 and Sunday 26th October 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 13th October 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
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Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Up for the challenge

"Some days are tougher than others... you have to keep that determination to push on to the next challenge."

NICOLAS HAMILTON

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
SHOKK Youth Fitness Centre.
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Pools
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street, Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Racing driver Hamilton an inspiration to youngsters

RACING driver Nicolas Hamilton met a group of young people to talk to them about his career, and inspire them to aim high in their own lives.

Nicolas, brother of Formula One driver Lewis Hamilton, has cerebral palsy, a condition that affects his movement and co-ordination which means he races in a car with a hand clutch and enlarged brake pad.

The 22-year-old visited Idea Store Whitechapel on October 2 to meet 12 young people aged between 16 and 24 who are on a pre-employment course run by disability charity Scope.

The First Impressions, First Xperiences course covers everything from confidence building to doing a work placement.

Nicolas, who is an ambassador for Scope, said: "I hope that I can inspire all young people out there to follow your dreams.

"Some days are tougher than others, but you have to keep that determination to push yourself on to the next challenge."

F1 enthusiast Connor Rodney, 18, who is on the 26-week Scope programme, said: "I'm a huge sports fan and it was the best day I've had all year.

"The fact he has done so well in his career and is the first disabled person in motorsport is extraordinary.

"It's shown me that that no matter what your disability you can achieve in life – he's a perfect role model."

The course is open to disabled people aged 16-24. For details call 07807 799928 or email **first impressions@scope.org.uk**

Connor Rodney (left) with racing driver Nicolas Hamilton

Sport & leisure

Back to netball
Weekly. £1.10. Tues, 6pm.
John Orwell Sports Centre, Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Badminton & Volleyball
Coaching for ages 9-16. £1. Sats, 12-2pm. Handball. for ages 9-16. £1.Sats 2-3.30pm. Bethnal Green Academy Sports Centre, Gosset Street, E2.
7920 7937

Chi Kung
Ancient Chinese exercise practice with gentle, meditative exercises.
Mon, 6-7.15pm.
St Margarets' House Settlement, E2.
07905 098413

Cricket coaching
Under-11s and under-13s – Weds, 4-5.30pm; under-16s – Tues, 4.30-6pm; ages 16+ – Thurs 5-8pm.
Dockland Settlements, 197 East Ferry Road, E14.

Docklands women's running group
All abilities welcome
Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Every Sat, 9-11am for boys and girls aged 5-11,Mulberry School for Girls, Richard Street, E1; 12-1pm for boys and girls aged 3-5. St Patrick's School, Dundee Street, E1W.
07956 095218

Kibondo
Martial art for ages 6 & over. Mon, 6.30-8pm, all ages; Fri, 7-8.30pm, seniors & adults. £4 adults, £3 children, first lesson free. Teviot Centre, Wyves Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues, 7pm (women only).
Whitechapel Sports Centre, Durward Street, E1.
07983 201987

Kool Karate and Fitness Fun Class
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St James's Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung system of ving tsun.
Weds, 8-9pm. £7, adults only (kids classes coming soon).
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm.Bryant Street Methodist Centre, Stratford, E15.
07950 637345

Martial arts
Learn the Wong Shun Leung system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Martial arts
Learn the Wong Shun Leung system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Muay Thai for women
KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged.
7265 9693

Netball
Arbour Netball Club train at the Parkside Leisure Centre at Mulberry School, Commercial Road, E1 every Monday night.
01277 811772

Ninjutsu
Tues, 7-9pm, £5. Docklands Settlement, 197 East Ferry Road, E14.

Rugby
Millwall Rugby Club. Men's, women's and youth teams. Suns, 10.30am-12pm (youth); Mons, 7.30-9pm (adults); Weds, 7.30-9pm (men); Thurs. 6.30-7.30pm (boys aged 7-17); Thurs, 7.30-9pm (women all ages).
www.millwallrugby.com

Rugby for children
Tag rugby (non contact) games for ages 2-7. Sats, 10am-12pm (term-time). Free trial.
Victoria Park, Grove Road, E9.
01252 79415

Self-defence and keep fit
Self-defence and keep fit with taekwondo. Mixed classes of adults and children every Tues 6.30-8pm & Sun, 1-3pm.
Tiller Leisure Centre, Tiller Road, E14.
8310 1469 or 07950 896926

Seniors exercise
Mons, 1.30pm, line dancing; Tues, 10.45am, workout.
London Dockers Club, 6 Boulcott Street, E1.
7790 3785

Sun kune do
Mons, 7-8.15pm. Adults £4.50, ages 10-16, £3.50.
Lifra Hall, 7 Halley Street, E1.

Taekwondo classes
Taster class £5 for adults, £3 for children aged five to 14. Adults £50-£40 per month.
Easy Studio, 60-64 Kingsland Road, E2.
7033 4660

Table Tennis Club
Every Sat, 10am-12pm
For ages 11-19
George Green's School, 100 Manchester Road, E14.
7987 6032

Tiller Runners
Women's running group, suitable for all abilities. £1.10 per session. Mon, 6.30pm.
Meet at Tiller Leisure Centre, Tiller Road, E14.
7987 5211

Women's football
Train with East London Ladies FC at Whitechapel Sports Centre, Durward Street, E1.
Mon, 8-9pm, ages 16+. Free.
www.eastlondonladiesfc.co.uk

Women's self-defence
Mons, 7-8.15pm, £5 adults/ £3.50 children. John Orwell Sports Centre, Tench Street, E1.
07949 597965

Angel yoga
Kundalini yoga for beginners every Tues, 7.30-8.45pm. £9.
St Hilda's Community Centre, 18 Club Row E2.
07890 909928
satkartarkaur@rocketmail.com

Gentle Yoga
Relaxation and meditation. All welcome. £7 (concs available).
Mons, 7-8.30 pm.
Glamis Residents' Hall, 414 Cable Street, E1.

Yoga class
Fri, 10.30-11.30am. Free.
Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Yoga Creation E14
Ashtanga, Vinyasa, Hatha yoga classes (£10-£14), courses & workshops. For beginners to advanced, 7 days a week.
Pregnancy yoga, £13.
7517 9183
www.yogacreation.co.uk

Women's Yoga
Free classes, donations welcome. Take your own mat.
Fri, 10.30-11.30am.
Alpha Grove Community Centre, Alpha Grove, E14.
7538 1714

Zumba classes
Every Weds, 7.30-8.30pm. £5.
Tredegar Community Centre, 333 Morville Street, E3.
07884 168176

If you have a date for our Out and About diary, send the details to eastendlife.news@towerhamlets.gov.uk

Frank's title tilt

Frank Buglioni will fight for the WBO European super-middleweight title on November 29 at the CopperBox Arena.

SEE BELOW

Rugby minus the crash bang wallop

Millwall Rugby Club have re-launched their mixed winter Sunday touch rugby programme. Sessions are £3 or free for people who sign up as club members. For more information go to...

WWW.MILLWALLRUGBY.COM/TOUCH

Red-hot Dragons land ten boating trophies

BY PETER FAULKNER

EAST London's Thames Dragons are the kings of the high seas after winning an incredible ten trophies at the National dragon boat racing Finals in Nottingham.

Over the weekend of September 21-22 more than 600 paddlers representing top dragon boat teams competed at the National Watersports Centre for the annual two day event run by the British Dragon Boat Association.

And Thames Dragons showed fire in their bellies by producing a fine all-round performance.

They entered races of 200, 500 and 1,000 metres, in open, mixed, ladies and senior (over 40s) categories and stole the show with incredible displays.

Competing against some highly experienced Premier teams, the Dragons knew they had to make every stroke count.

Following a vigorous summer of training, the focus and determination of the team paid off as they powered their way into third place in the mixed 200 metres and 500 metres races and open 1,000 metres race, securing bronze medals.

Thames then joined forces with their friends and rivals Kingston Royals to form Thameston, surging across the finish lines in first place to secure two trophies in the ladies' 200m and 500m races and again for both of the seniors' races.

As a result Thameston ladies and seniors teams were also awarded overall first prize in their category.

After being presented with medals and trophies,Thames discovered that they had not only secured a promotion to the Premier league for their highly successful summer season, but also received a recognition award from the St Neots DBC, last year's winners, for being the most improved team of 2014. The Dragons have been based in East London since 1993 when they were known as Texaco Dragons.

They are now based in the Royal Albert Dock and the club will celebrate its 21st birthday this autumn, making it the oldest London club.

Thames Dragons always welcome newcomers. Go to **www.dragonboat.london** for further details.

'Let's show England what Tower Hamlets can do'

Continued from back page

"The fact Lee Valley has been chosen as one of the major venues for the European and World championships is a huge boost. This is just the start."

Wapping plan to use hockey as a way for residents to improve their health and will visit schools to spread the word.

Burnside is trying to make Wapping more like a Premier League football club with cheerleaders, music and entertainment.

"We see ourselves very much as an Olympic legacy club. That is why we were founded in the first place, to bring hockey into our area of London for the first time," he added.

"I firmly believe that the London 2012 Olympic legacy is also a Paralympic legacy so expect disability hockey opportunities, and options for individuals on a low income.

"Improving our spectator experience and our fan base is the route to greater sponsor revenues, and those revenues are the route to delivering the legacy for residents.

"We have a 3,000-capacity stadium now – let's take it as a challenge and try to fill it.

"Let's show England what Tower Hamlets can do."

Get in touch with Millwall

Rugby

MILLWALL Rugby Club have re-launched their mixed winter Sunday touch rugby programme, after receiving sponsorship from the O2Touch programme.

And their first session saw a turnout of almost 20 people.

Touch rugby runs every Sunday from 1-3pm at Millwall Park. Sessions are £3 or free for people who sign up as club members. More info at **www.millwallrugby.com/touch**

■ Millwall's first team took part in the London & South East Junior Vase match against Old Actonians and went out at the first hurdle, 15-0. The heavens opened at the start and the sun didn't come out until the finish. By then Millwall had already felt the heat.

■ Millwall are starting Rugby Basics sessions for complete beginners (men and women) to the sport. The sessions will run once a month for two hours on a Saturday morning, and are open to non-members.

Boxing

REPTON Boxing Club chalked up a 6-3 win over old rivals Sunderland in their annual match in the North East.

Sam McNess scored a comfortable win over former national schools semi-finalist Jimmy Slater.

There were also wins for Michael Channing, who got the best boxer of the night award, and his younger brother Ben, as well as Danny Arnold, Andreas Wallace and Obie Coates.

Callum Channing lost when a nosebleed forced a second-round stoppage while he was winning. Romario Wallace suffered a shock points defeat and Oliver Hunt floored Kevin Johnson in the final round, but still lost.

■ **FRANK Buglioni**, ex-Repton star, will fight unbeaten Andrew Robinson of Worcester for the WBO European super-middleweight title at the Copper Box Arena on November 29.

Buglioni held the title before being knocked out by Sergey Khomitsky last December in his first defence.

Basketball

LONDON Lions gave further evidence that they might be a championship force this season with a 76-68 win over previously unbeaten Bristol Flyers at the Copper Box Arena.

It came hot on the heels of their first match win of the new season, a 73-89 success at Surrey United.

And it is a winning way that coach Vince Macauley hopes his side can continue especially as the Lions now have three successive home matches against Plymouth Raiders (October 24), Newcastle Eagles (October 26) and against Cheshire Phoenix (November 4).

Drew Sullivan was Lions' top scorer with 18. Rod Brown hit 17.

Swimming

BETHNAL Green Sharks Swimming Club showed superb early season form when they competed in two galas.

On September 28, Agni Hatzakis, 11, Melissa Eloidin, 11, Kaia Cudmore, 11, Fedra Androulidaki, 9, Amy Kavanagh, 14, Maddison Taylor, 10, and Chloe Newman, 11, between them racked up 20 medals at the Waltham Forest County qualifiers.

They competed in the 50 metres and 100 metres in freestyle, backstroke, breaststroke and butterfly, as well as the 100-metre individual medley.

The girls continued at a high standard the following weekend and during the two-day Redbridge Early County and Regional qualifiers.

Agni, Kaia, Chloe, Fedra and Melissa continued to dominate the leader board and Kai Ogden, 11, took silver and gold in the 200 and 40 metres individual medley races, respectively.

Youth sport

STUDENTS from Tower Hamlets will enjoy free cycling, tennis and hockey at two London 2012 venues during the Schools Festival at Lee Valley VeloPark and Lee Valley Hockey and Tennis Centre on October 13 & 14 and 20 & 21.

Oaklands Secondary School, Bethnal Green, will try cycling at the VeloPark while Marion Richardson Primary, Stepney, will play hockey and tennis.

Wheelchair tennis

LEE Valley Hockey and Tennis Centre has launched wheelchair and visually impaired tennis sessions.

Participants aged 12 and above can play at the venue on Queen Elizabeth Olympic Park, for £4.50.

Sessions will run every Wednesday 6-8pm and there will be a sighted guide service to assist with the journey to and from Leyton station.

No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGE 37

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Wapping cruise into third place

BY PETER FAULKNER

EX-Wales international Dominic Graham served up a double as Wapping men's first team outclassed previously unbeaten Dereham 4-0 to move into third place in the Premier League A.

The hockey team were disappointed to only be one goal ahead at half time, with Mat Hyden finishing from close range after a fierce strike from Dutchman Michiel Marck.

At half-time message coach Ryan D'Souza told his players to stay patient, and for the first ten minutes after the break Dereham piled forward, but found man of the match Ben Brind in commanding form on his home debut.

Wapping then took control of the game with two well-deserved goals from Graham. Rob Pryce put a gloss on the scoreline firing Wapping's fourth goal after a fine build-up.

Wapping ladies team

Wapping ladies 0
West Herts ladies 1

WAPPING limited the number of chances for West Herts, although their opponents' quick counter attacks and skillful individuals were a constant threat.

Despite their strength at the back, led by Sarah Burke and Maria Keizer and keeper Karen Perkin, Wapping had to face several short corners.

It remained scoreless at half-time and halfway through the second half Natasha Close came near to giving Wapping the lead, but West Herts' goalkeeper denied her chance.

Wapping held firm until the last few minutes when West Herts took advantage of a chaotic situation to score the winner.

Diary dates

Saturday, October 18 the men are home to St Albans at Lee Valley Centre (12.30pm) and the ladies are away to Newport Free Grammar School (12 noon).

East London stay unbeaten

Hockey

East London men 1st, 2
West Herts men 2nd, 2

BEFORE this game West Herts were second in the Division 2 South on goal difference by a single goal.

However, East London were not overawed at Lee Valley and managed to maintain their own unbeaten run.

The umpires were kept busy showing yellow cards, but between the cards both teams had spells of decent hockey.

Felix Evans picked up the first yellow for a clumsy tackle, and was followed by Adam Willoughby for questioning the umpire's decision. Evans then received his marching orders followed by East's Steve Peck.

East London scored two amazing goals, one by captain Toby Butler and the other, a contender for goal of the season, struck by midfielder Joe Green. These were, however, not enough to secure the win.

Sevenoaks ladies 2nd, 2
East London ladies 1st, 0

EAST London visited division leaders Sevenoaks, but the only goal of the first half was questionable, with the East London players convinced the ball hit the striker's feet on the way in.

Sevenoaks struck again in the second half to win the game, although they surrendered their top place on goal difference.

Karen Allan had a great defensive and attacking game for East. However East's player of the match was goalie Sammy Jones.

There were wins for East London men seconds, thirds, fourths, fifths and sixths, and for the ladies' seconds.

The men's seventh team drew while the eighth team lost. The ladies' seconds won, but the third and sixth teams were both beaten while the mixed team won easily.

Diary dates

October 18: men home to Witham 1st, ladies' 1st away to Thurrock 1st.October 19: men's 1st away to Bourne Deeping, mixed 1st away to Southend.

Soccer round-up

Hamlets stay top

FC Hamlets extended their lead at the top of Division 3 of the Essex Olympian League with a narrow 2-1 win at Epping.

Hamlets started sluggishly, but were in control and in the 20th minute striker Gilroy was up-ended in the penalty box and got up to convert the spot kick.

Five minutes later, Gilroy grabbed his second after being put through by With.

Less than five minutes before half-time, Epping hit back to reduce the deficit.

The second half saw Hamlets in total control, but they squandered chances when the game should have been out of reach.

FC Hamlets: Pyne, Lottrie, Clancy (C), Casey, Gilroy, Oakley, Baudrier, King, Richards, With, Harrison, Wells.

Cows get their Kicks

TOWER Hamlets Women FC avenged last season's double defeat by Clapham Kicks with a nervy 4-3 win at Meath Gardens which lifted them to third in the league table.

But Tower Hamlets went about it the hard way, surviving a jittery last few moments.

Player- of-the-match Carmel Pragnell tirelessly chased down Clapham defenders, contesting every loose ball, and was rewarded with a brilliant first-half hat-trick.

At half-time Clapham introduced two new forwards, and began to show flashes of intent.

But the Cows responded by increasing the lead to a seemingly decisive 4-0 when Hannah Dalgleish pounced on a stray ball to grab her second goal of the campaign.

The Cows though had become too comfortable, and when their defensive line was breached once, their lead quickly dissipated.

With ten minutes to go the lead was reduced to a single goal, but the Cows held on.

Two lead the way

THE **Inner London Football League** Premier Division sees a clear divide as four teams sit with zero points at the bottom and the top five battling away with West End – winning 7-4 against Leytonstone – and Stepney FC leading the way with ten points, but London Tigers have a game in hand.

In the First Division Reachout and SCTA maintain 100 per cent records and are both five points clear of Bow FC.

The remaining six teams are all very close with three points separating third place from bottom. Biggest scorers this weekend were Burdett who won 9-1 against Bromley Juniors.

In the Second Division, 99 goals have already been scored with only three games played. Robin Hood Tigers are leading the way with a 100 per cent record and 20 goals scored, but Tower Hamlets B, who won 11-0 against St Katharine's under-21s, and Al Mizan FC are behind them on six points.

■ **Results**

Premier Division: Beaumont 1 Stepney 4; Island 2 Bromley 5; Leytonstone 4 West End 7.

First Division: Burdett 9 Bromley Juniors 1; Reachout 6 Weavers 1; SCT 4 Bow 0; Stepney B 1 St Katharine's 6.

Second Division: Redcoat 4 Beaumont Youth 4; Riverside 2 West End Reserves 5; Robin Hood Tigers 9 Al Mizan 5; Tower Hamlets B 11 St Katharine's U21 0.

Tables can be seen at **www.ilfl.org/pages/league_table.php**

Castrillon run riot

CASTRILLON punished Wimbledon Park with a stunning 14-0 win in **East London Sunday League** Division Two.

The goals came from Terrance Hannon, 5, Charlie Weight, 3, Ryan Sammut, 3, Carlo Thomas, Tyrone Gannon and Allen Hussein.

Premier Division

St Lucia beat Hatch Lane 3-2, with goals from Lubin (two) and Gustave. Thompson hit two for Hatch Lane. Stoke Newington lost 2-1 to Hackney Downs whose goals came from Ruel and Wilfred while Doyley replyed for Stoke Newington.

Stratford Juniors drew 2-2 with Reama, Eastwood scoring both Stratford goals.

Division One

Athletico Bow fought back from 2-0 down to win 5-2 against Cranes with Davidson hitting four goals and Stacey also getting on the scoresheet. Keeper Pyne saved a penalty for Bow late on. Senkatuka scored Cranes' two early goals.

Nightingale beat Young Prince 5-3, Casewell scoring a hat-trick aided by two own goals while Andalcio, Eastham and Allen all got one each for Young Prince.

Division Two

Haringey Town drew 1-1 with Ainslie Wood thanks to a goal from Bokale while Elsdon replied for Ainslie. Mabley beat Pedro 6-3 with Small hitting a hat-trick. Koeting hit two and Tran got the other. Frimpong and Mahmood got the Pedro goals.

Fernandes hat-trick

WESTWARD continued their great start to the season winning an eight-goal thriller 5-3 against Buckhurst Hill.

Westward took the lead through Raheem Fernandes with a left-footed strike from the edge of the area and he grabbed his second soon after.

Buckhurst Hill converted a penalty late on in the half.

Jamie Balls got Westward's third after a good solo run and finish, but the opposition again pulled one back soon after.

Fernandes completed his hat-trick before Jamal Mohammed added a fifth.

Buckhurst Hill grabbed a third close to the final whistle.

Vallance victorious

ALL the **Vallance FC** teams kicked off their season – and the club ended the day unbeaten.

The senior team won 2-0 away against Crane FC in the East London Sunday League at Hackney Marshes, both goals coming from Salman Khan.

In the East London & Essex Junior Football League, the under-10s, competing in league football for the first time, beat Eclipse 2-1.

The under-11s, league champions last season, drew 3-3 with Eclipse while the under-13 side also drew 3-3 against **Sporting Bengal**.

More inside

For a football round-up plus stories on boxing, basketball and more...

SEE PAGES 37-39

Brother, you're an inspiration!

Nicolas Hamilton, racing driver brother of Formula One star Lewis, met a group of young people from disability charity Scope to talk about his career, urging them to aim high.

SEE PAGE 37

TOWER HAMLETS
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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Blueprint for hockey success

Stuart Burnside with England's Maddie Hinch

BY PETER FAULKNER

WAPPING Hockey Club wants to make Tower Hamlets the centre of English hockey.

Club chairman Stuart Burnside has drawn up a blueprint to make the club one of the biggest in Europe.

As well as attaining National League status and playing at European level, he hopes to attract 3,000 fans to home games and improve facilities at the John Orwell Centre.

He has been boosted with the news that Wapping's new home – Lee Valley Hockey and Tennis Centre in Queen Elizabeth Park, Stratford – where they play their home Saturday matches, has been chosen to host the European Championships next year. It will also hold the Women's Champions event in 2016, the Men's World League round 3 in 2017 and the Women's World Cup in 2018.

And if facilities at the John Orwell Centre in Wapping are improved in time, Burnside is optimistic that the venue would be used as a championships training facility.

Currently celebrating the 25th anniversary of its formation on the back of Great Britain's Olympic hockey gold medal in 1988, Wapping is making tremendous strides forward.

"I want Wapping to be the centre of hockey and we are moving in the right direction," said Stuart.

"People should feel proud to live and work in Tower Hamlets, and proud that they have one of the UK's best hockey clubs.

"The Lee Valley Hockey and Tennis Centre is world class. I want to establish the same at John Orwell and equally I want to make sure we have the players and coaches to match."

He added: "Hockey matters in Tower Hamlets and having a renowned sports club working to deliver a lasting Olympic legacy can only be good for residents.

"Wapping has one of the best goalkeeper programmes and has some of the best coaches. We have also increased the number of teams we run to 22, making us one of the biggest sports clubs in east London."

Continued on page 38

News in brief

Honour for Gemili

SPRINT champion Adam Gemili was inducted as one of 84 Sports Scholars at the University of East London where he is a third year sport and exercise undergraduate.

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